



Dear Parent/Carer

**EXTRA-CURRICULAR SPORT OPPORTUNITY**  
*Walton Hall Gardens Cross-Country Races 2024*

Each year, Warrington Athletics Club organises cross-country races for local schools. Some primary schools compete at this event so many students may already be familiar with the format.

The dates of this year's races are:

- Saturday 28th September
- Saturday 14th December

This extra-curricular sport opportunity is open to years 7–11. The start time and distance is below. For further information, [click here](#).

Race	Start Time	Distance
Boys and Girls	12:15pm	2 laps

Upon arrival students should report to the Lymm member of staff who will be located close to the start/finish line. With potentially a lot of runners representing the school at the event, any assistance parents can provide (e.g., collecting finish tickets etc) would be much appreciated.

A few additional points to note:

- Runners will need to make their own way to the races. Parking can sometimes be an issue as the car park is often busy from the primary schools' event beforehand. Please aim to arrive in good time for the race allowing time for a warm-up.
- The course is mainly grass (with a very small amount of concrete). Many runners choose to run in boots. It's very much dependent on the weather.
- Please bring your own drink and tracksuit to keep warm before and after the run.
- Runners can wear any kit they feel comfortable in, but it would be good if they wear something that identifies them clearly as a Lymm High runner (e.g., PE top).

Good luck

Mr Scott (PE & Sport Faculty, [tscott@lymmhigh.org.uk](mailto:tscott@lymmhigh.org.uk))