

WHOLE SCHOOL

Early finish and INSET Day

A reminder that school finishes at 12.15pm on **Thursday 3rd October** due to Open Evening. Please be aware there will no school buses at 12.15pm on this date so please make alternative arrangements for your child to get home. In addition, **Friday 4th October** is an INSET day.

Mental Health and Wellbeing Fair – Wednesday 9th October

Join us to learn about mental health and the support available for our students (all year groups), both within school and locally, on **Wednesday 9th October**. This information evening for parents and carers will take place from 6pm in the Sixth Form's Lower and Upper Hex. Stalls from local organisations will start at 6pm. A talk from the school's Mental Health Lead will take place at 6.30pm.

Christmas cards

Year 7 and 8 students will be completing a Christmas Card project during the week commencing **Monday 7th October**. There will then be the opportunity to purchase the cards and other items with your child's design on them in preparation for the festive season. It would be most helpful if the students could bring in their own coloured pencils or pens during that week. Any monies raised from this project will be going back into school funds.

Design a wreath logo competition

On Remembrance Day, Lymm High School always lays a wreath at The Cross in Lymm to honour those that have given their lives in conflict. This year we are giving students the opportunity to design a logo that will represent our school. This will be displayed in the centre of the wreath. Prizes and Hall points will be awarded for the winning design. Students can contact Mr Beardsall in the DT office to pick up a blank template to draw their design.

Cashless catering

Please remember to top up your child's cashless catering account via Parent Pay to ensure your child is able to purchase food at break and during lunchtimes. You can <u>click here</u> to view the lunch menu, which changes each day. The price list can be <u>viewed here</u>.

Easy Fundraising

You can help us raise money for Lymm High's PTA while online shopping at no extra cost to yourselves. All you need to do is go to <u>https://www.easyfundraising.org.uk/</u>and select Lymm High School as your cause, school will then receive a percentage donation. Last year, we raised over £700 just by shopping! As always, thank you for your support.

LHS Lottery

Congratulations to this week's school lottery winner, Mr Harris, who won £72.30! You could be a winner too! If you have not signed up for our lottery yet, please head to our dedicated lottery website <u>here</u>. If you want to find out how the school lottery works, please <u>click here</u>. Tickets are only £1 each week and your support would be hugely appreciated.

LOWER SCHOOL

Life Programme

Our next extended Life Programme is on **Tuesday 8th October**. Key Stage 3 students will study the following topics.

Year 7: Year 7 begin their RSE module having completed the transition sessions. Their first session will be looking at how we can form healthy relationships as we move into our teenage years, how to set some personal boundaries, and understand how we can be socially responsible and respectful to those around us.

Year 8: This session will focus on ideas around consent and what it actually means for us as individuals with agency and the right to make our own decisions. We will also explore how we can avoid assumptions around consent and help develop trust in all the relationships we form.

Year 9: Last session Year 9 focused on what consent means and why freedom and capacity to give consent are so important. This is developed in the next session where we discuss how can we recognise consent and how this can help develop open and trusting relationships.

For further information regarding our Life Programme curriculum, please visit our <u>page on the website</u>. In addition, parents/carers may find this <u>NSPCC webpage</u> useful for advice on how to talk to your child about relationships, sex and consent.

UPPER SCHOOL

Life Programme

Our next extended Life Programme is on **Tuesday 8th October**. Key Stage 4 students will study the following topics.

Year 10: This session explores in a more in-depth way the laws surrounding consent and rape. This will help students to understand the wording and phrasing of the law and how this is designed to help protect people in society from harm and even causing harm. They will consider societal attitudes to consent and why these can often lead to misconceptions around the law.

Year 11: This session explores ideas around family conflict and how to avoid some of these situations. We also look at how we can form more positive roles and relationships in our family units as well as a focus on de-escalation strategies to help when conflict arises.

For further information regarding our Life Programme curriculum, please visit our <u>page on the website</u>. In addition, parents/carers may find this <u>NSPCC webpage</u> useful for advice on how to talk to your child about relationships, sex and consent.

'How to help your child revise' evening - Thursday 17th October

Save the date for the Year 11 Parents 'How to help your child revise' evening, which will take place on **Thursday 17th October** at 6pm in the Main Hall.

Sixth Form Open Evening

The reservation form is now available for our Sixth Form Open Evening, which will be held 5–8pm on **Thursday 14th November**. We highly recommend Year 11 students only and their parents/carers join us for what will be a fantastic opportunity to explore our Sixth Form, see our facilities, listen to a talk from the Head of Sixth Form, find out more about all the courses on offer and how to apply.

Please click on <u>this link</u> to register your place. If you have any questions or queries regarding Sixth Form in the meantime, please contact Mrs Hughes on <u>lhughes@lymmhigh.org.uk</u>.

Personal Development Update

As we embark upon a new academic year, we start with a personal development focus on **participation**. At Lymm High School we are very fortunate to have a wealth of opportunities available to our students both during the school day and after school. Actively participating in the school community through clubs, teams and events is an important part of your child's school experience with us, supporting them in developing key skills of teamwork, resilience and confidence. Ultimately, these important skills shape the character of our students, equipping them to enjoy success both in and out of school. We use the Leadership Ladder (KS3), Participation Profile (KS4) and Next Generation Future Leaders (KS5) to record and reward our students for their efforts in participating within our school community. Please keep an eye out for the updated extracurricular timetable coming soon.

A range of events which students can enjoy over the next fortnight can be found below. What will your child get involved in?

WEEK A: <i>30th September to 4th October</i> Assembly theme: The Lymm Learner (Tuesday, Wednesday & Thursday)	WEEK B: 7–11th October Assembly theme: The Lymm Learner (Monday & Friday), Kooth on Thursday
Monday	Monday
• Years 7–9 Girls Singing Club, 8.20am in the Drama Studio	• Years 7–9 Boys Singing Club, 8.20am in the Drama Studio
• Lego Club, 1.30–2pm in E214	• Lego Club, 1.30–2pm in E214
• Pride Club, lunchtime in A211	• Pride Club, lunchtime in A211
 Years 7–9 Darts Tournament begins at lunchtimes 	 Years 7–9 Darts Tournament begins at lunchtimes

Tuesday

- Dungeons & Dragons club, 1.25pm in A211
- Lego Club, 1.30–2pm in E214
- Chat n' Chill, lunchtime in A121

Wednesday

- Years 7–9 Boys Singing Club, 8.20am in the Drama Studio
- Dungeons & Dragons club for new players, 1.25pm in A211
- Lego Club, 1.30–2pm in E214
- Years 7 & 8, Geography club, 1.30–2pm in A217
- Years 10–13 Singing Club, 1.30pm in D104

Thursday

- Years 7–13 Mahjong club, lunchtime in S202 (bring your lunch)
- KS3 & KS4 Darts Club, lunchtime with Mr Gornall
- Lego Club, 1.30–2pm in E214
- DofE drop-in workshop, 3.15–4pm in the ILC

Friday

- Year 11 Exam prep Breakfast Club, 8.15–8.45am, N206
- KS3 & KS4 Darts Club, lunchtime with Mr Gornall
- Year 10 & 11 Film Club, 1.30pm in L201
- Lego Club, 1.30–2pm in E214
- Freddo Friday: The top six 'Star Students' in each group will be identified and rewarded with a praise postcard and Freddo to spread some Friday joy!

Tuesday

- Life Programme
- Lego Club, 1.30–2pm in E214
- Chat n' Chill, lunchtime in A121

Wednesday

- Years 7–9 Girls Singing Club, 8.20am in the Drama Studio
- Years 10–13 Singing Club, 1.30pm in D104
- Years 7–9 Set Design Club, 1.40–2.10pm in E208
- Lego Club, 1.30–2pm in E214
- Years 7 & 8, Geography club, 1.30–2pm in A217

Thursday

- World Mental Health Day
- KS3 & KS4 Darts Club, lunchtime with Mr Gornall
- Lego Club, 1.30–2pm in E214
- DofE drop-in workshop, 3.15–4pm in the ILC

Friday

- Year 11 Exam prep Breakfast Club, 8.15–8.45am, N206
- KS3 & KS4 Darts Club, lunchtime with Mr Gornall
- Lego Club, 1.30–2pm in E214
- Freddo Friday: The top six 'Star Students' in each group will be identified and rewarded with a praise postcard and Freddo to spread some Friday joy!
- <u>Click here</u> for the latest sports timetable.
- <u>Click here</u> for the extra-curricular clubs timetable.

