

# THE SIXTH

14–18 October 2024

“ THIS WEEK...  
SUPPORTING  
OTHERS ”

Being kind can positively impact your health and potentially help you live longer. Kindness promotes social connections, which are crucial for emotional wellbeing and can reduce stress. See p.3 to read about how we can support others this week.

## YEAR 12 LIVERPOOL TRIP

On **Wednesday 4th December**, Year 12 students will be visiting the University of Liverpool as part of our Futures Programme. Please see Class Charts and ParentPay for payment details. Please [click here](#) to read the letter sent home.

## YEAR 12 ICELAND TRIP

There are 30 spaces available on the Year 12 Geography trip to Iceland in October 2025. The cost of the trip is likely to be around £1380. Places will be on a first come basis and a non refundable deposit of £150 is needed by **Monday 4th November**. Information letters will be available from Mrs Rigby from **Monday 14th October**.

## CAR PARKING CONCERNS

Please can we remind drivers to park considerately when collecting students. Cars are parking on double yellow lines outside the Sixth Form entrance, which is causing congestion on Oughtrington Lane. This is also causing issues for our students leaving the car park, many of whom are new drivers.

## WORLD FOOD DAY

**Wednesday 16th October** is World Food Day. To support we would like everyone to play an educational trivia game that helps you get smarter while making a difference for people around the world. See p.4 for further details.

## UCAS PREDICTED GRADES

Year 13 will be receiving their predicted grades on **Thursday 17th October**.

## CREATIVE PORTFOLIO

A workshop on how to build a creative portfolio is on **Wednesday 16th October**. See p.7 for details.

Lynn High School  
Sixth Form



# WHAT'S ON THIS WEEK



Please [click here](#) to view the Assessment calendar, which includes key dates for the year ahead.

## CALENDAR

14–18 October 2024

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	<i>The Sixth</i> and mentoring	<i>The Sixth</i> and mentoring	Year 13 Early Entry meeting Upper Hex, 11am
TUESDAY	Assembly – Volunteering (Mrs Tunstall)	Participation – Next Generation Future Leaders	Careers Advisor
WEDNESDAY	World Food Day (see p.4)	World Food Day (see p.4)	Creative portfolio workshop, 1.30pm, E208 (see p.7) School Nurse, 1.15–2.10pm
THURSDAY	Participation – Next Generation Future Leaders	Assembly – Predicted grades and UCAS	Year 13 Personal Statement Support, N201, 1.30pm
FRIDAY	Future Fridays – Unifrog	Future Fridays – Unifrog	<b>wear it pink</b>

# GIVE SOMETHING BACK

## Supporting Others

*Being kind can positively impact your health and potentially help you live longer.*

Kindness promotes social connections, which are crucial for emotional wellbeing and can reduce stress.

Engaging in acts of kindness releases hormones like oxytocin and endorphins, boosting mood and fostering a sense of purpose. These positive feelings can lead to healthier lifestyle choices, lower blood pressure, and a stronger immune system.

Ultimately, cultivating kindness not only benefits others but also enhances your own life, contributing to longevity and overall happiness. So this week's theme is about supporting others and creating a positive ripple effect that strengthens relationships and builds resilience.

We have two events this week, which you can support to start spreading some kindness:

- **World Food Day**, p.4
- **Wear it Pink**, p.5



# NEWS



FREE RICE

## World Food Day

Designated by the Food and Agricultural Organisation (FAO), **Wednesday 16th October** is World Food Day, which aims to lead global efforts to end world hunger, improve food security and improve global nutrition.

To support this day we would like to ask everyone to play Freerice: an

educational trivia game that helps you get smarter while making a difference for people around the world. Every question you answer correctly raises 10 grains of rice for the World Food Programme (WFP) to support its work saving and changing lives around the world.

For further information, and to take part, [click here](#).



## BIRTHDAYS

G. Mitchell

S. Schache

O. Smith



# GIVE SOMETHING BACK

## Wear it Pink



On **Friday 18th October**, Lymm High Sixth Form will once again 'Wear it Pink' to raise money for Breast Cancer Now. Students can wear an item of pink clothing (or a pink accessory) and donate £1 to raise money for this very worthwhile cause. Students can either pay by card at Sixth Form reception on their way into school or cash in Form.

The day will involve a 'Wear it Pink' Bingo session in the Lower Hex at breaktime for £1. There will also be the annual staff vs. students netball game, which will take place at lunch in the Sports Hall. Students will be charged £1 to gain entry.

'Wear it Pink' day is one of the biggest fundraising events in the UK. Taking place during Breast Cancer Awareness Month, Breast Cancer Now is on a mission to make sure that by 2050, everyone diagnosed with breast cancer lives, and is supported to live well. By wearing it pink, you can help them reach that target.

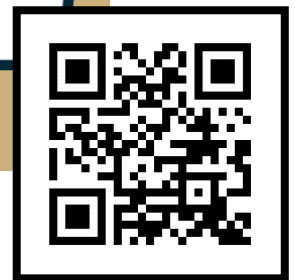
For further information on the Wear it Pink charity, please [click here](#).

# REVISION SUPPORT



## Year 13 revision sessions

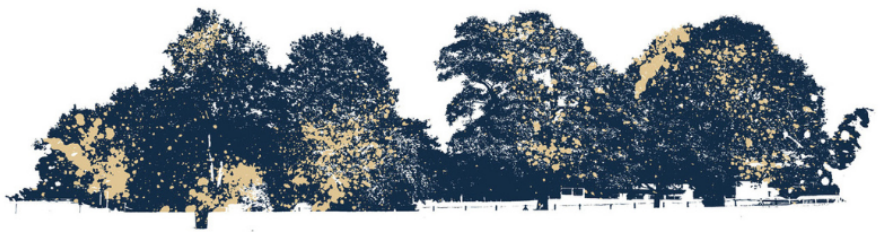
	<b>Subject</b>	<b>Time</b>	<b>Room</b>
<b>Monday</b>	Economics (A week)	1.15–2pm	S106
<b>Thursday</b>	Psychology	1.30–2pm	S109
	Economics (B week)	1.15–2pm	S106
	Geography NEA advice	3.20–4.15pm	N105



Lynn High School  
**Sixth Form**



# WHAT'S ON THIS WEEK



Wednesday 16th October 2024

## Building a creative portfolio workshop

*Year 12 and Year 13 students*

*1.30pm, E208*

We will be delivering a lunchtime session on how to assemble your work into a portfolio fit for a university application. If you are considering a creative course at university it is highly recommended that you attend.

We will be providing presentation tips, guides on what to include, examples of previous portfolios, and more.

If you would like to attend,  
please email

[Imassey@lymmhigh.org.uk](mailto:Imassey@lymmhigh.org.uk)



# FUTURES

# OPPORTUNITIES



Corpus Christi College  
UNIVERSITY OF CAMBRIDGE

## Year 12 Oxbridge applicants: Pelican Programme (1/2)

*Deadline to submit a nomination: Friday 13th December*

*Successful students will be contacted in early January*



Year 12 students that are interested in applying to Oxbridge should make sure they are signed up to the Gateway Programme. In addition, they should take note of this Pelican Programme from the University of Cambridge's Corpus Christi College.

The Pelican Programme is a flagship access scheme and is designed to not only introduce students to new and exciting super-curricular resources and themes, but also to stretch, challenge, and sharpen their oracy and analytical skills. This intensive programme runs for 6 months, with students meeting online in small groups every fortnight to analyse and critique set pre-reading (or work through problems) under the supervision and guidance of a subject expert. In addition to these subject experts, every student has more admissions-focused sessions with members of the Corpus Admissions Team. If students successfully complete the programme, they will be in a very strong position to make a competitive application to any selective university. Once completed, students are invited for a short residential at Corpus to celebrate their achievement, where they finally get to meet each other in-person and can meet current undergraduates studying their subjects at Cambridge. Last year, 180 students from across the UK started the programme, with nearly 150 going on to complete it, and at least 76 of those intending to make an application to Cambridge or Oxford.



# FUTURES

# OPPORTUNITIES



Corpus Christi College  
UNIVERSITY OF CAMBRIDGE

## Year 12 Oxbridge applicants: Pelican Programme (2/2)

This year, the Pelican Programme is running streams in the following subjects:

- Architecture
- Classics
- English
- History
- Law
- Modern Languages (French and Spanish)
- Philosophy, Ethics and Religion
- Physical Sciences (Physics, Chemistry and Engineering)
- Psychological and Behavioural Sciences

Students who have an interest in any ancient literature, language or culture are encouraged to put themselves forwards for Classics. The sessions will be based around pre-readings and skills that would be applicable to:

- Anglo-Saxon, Norse and Celtic
- Asian and Middle Eastern Studies
- Classics
- History of Art

Students who are interested in the following subjects are encouraged to put themselves forwards for Philosophy:

- Ethics
- Philosophy
- Religious Studies
- Theology

For more info about the Pelican Programme, please [click here](#).

**If you're interested in this, please speak with your subject teacher initially and then please email Mrs Neesam with your chosen subject and your interest in being nominated.**

FUTURES  
OPPORTUNITIES

APPLYING TO  
APPRENTICESHIPS



# Apprenticeships



- Please [click here](#) to see this week's list of current apprenticeships in the Warrington area.  
For further details and to apply for any of these vacancies go to the [National Apprenticeship Website](#).
- [Click here](#) for the 2022 Top 100 Apprenticeship Providers.
- Further opportunities in Cheshire and Warrington can be viewed [here](#) and [here](#).
- Don't forget to use [Unifrog](#) to search for Apprenticeship opportunities too!

unifrog



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UK Government

# Your Future, Your Choice, Move On - Careers Fair

Warrington Youth Zone (WA2 7NG)

Wednesday 13th November 2024 - 15:30 - 19:00

Free and open to all in the local area, especially those in Year 9 – 13 including parents/ carers.

With over 50 stands, meet with; employers, colleges, universities, training providers and voluntary organisations from varying sectors, including digital, healthcare, finance and the services.

Whether you are deciding on subjects to study or careers to pursue, this is a great step to help you to explore your options.

- Learn about apprenticeships, T-Levels and A Level progression routes

- Find out more about going to university and interact with local universities

- Seek out part time jobs, volunteering placements or work experience opportunities.

Register now to confirm your place.

Register  
Today

Scan below



THE  
CHESHIRE AND  
WARRINGTON  
PLEDGE



WARRINGTON  
Borough Council

# CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

## Upcoming Events

- **Careers Days**
  - Business – *Saturday 12th October*
  - Psychology – *Saturday 19th October*
  - Architecture – *Saturday 26th October*
  - Performing Art – *Sunday 27th October*
  - Law – *Saturday 2nd November*
  - Vet – *Saturday 9th November*
- **In-person Law Experience Days**  
*October and November in London, Manchester and Newcastle*
- **Insight to Careers in Healthcare**  
*Tuesday 15th October, 5–6pm (online)*
- **British Association of Prosthetists & Orthotists careers webinar**  
*Tuesday 15th October, 5–6pm*
- **Meta online career challenge**  
*Wednesday 16th October, 5pm*

For details of all these events and more, [click here](#).

## Insight to Careers in Healthcare

*Tuesday 15th October, 5–6.30pm (online)*

This virtual webinar will showcase a range of rewarding careers in the healthcare sector. Focussing on diagnosing low back pain, this interactive webinar will follow the case of a footballer who experiences back pain after a fall during a match. You'll learn how to triage a low back pain patient, and explore the diagnostic process that includes medical imaging and treatment options from various healthcare disciplines such as chiropractic, osteopathy, psychology and rehabilitation.

Key takeaways:

- Insights into the diagnostic process and treatment options for bodily pains.
- An understanding of various healthcare professions and their respective roles.
- A chance to ask questions and engage with medical experts.

The webinar is hosted by Health Sciences University (HSU), a specialist institution with campuses in London and Bournemouth.

To register, and secure your spot, [click here](#).



## In-person Law Experience Days

*October & November in London, Manchester and Newcastle*

Calling all aspiring legal professionals, solicitor apprentices and anyone who's considering a career in law! Young Professionals has teamed up with City Century to provide insight events, work experience and solicitor apprenticeship opportunities for students across the country.

City Century is a collaboration of over 50 leading law firms. These events provide you with a chance to get in front of multiple law firms all in one go to network, learn and ultimately help you secure your dream job with the help of some invaluable work experience.

Three in-person work experience days will be held in October half-term and one in mid November where you'll get the chance to come face to face with the firms, experience panel discussions, hear some inspiring keynote presenters as well as having plenty of opportunity to network and build up your personal legal connections.

To apply for any of the below locations, just click on the links:

- [London](#)  
Monday 28th October, 10–1.30pm and 2–5.30pm.
- [Manchester](#)  
Friday 1st November, 2–5.30pm
- [Newcastle upon Tyne](#)  
Monday 18th November, 1–4.30pm



INVESTIN | THE ULTIMATE WORK EXPERIENCE

# Weekend Career Opportunities

*Choose your career, maximise your potential*



We're excited to share that our weekend programmes are now open for registration! This November, we're running weekend programmes for students aged 15-18 with 15 exciting careers to choose from, such as medicine, architecture, investment banking, law and many more. Our weekend programmes provide

students with the perfect introduction to an industry, where they can meet top professionals, participate in interactive career simulations and build practical skills to prepare for their future career. What's more, students will gain real-life experience as well as a personalised certificate to boost future university applications!

## View Programmes

### IN-PERSON



Taking place at UCL in London, our in-person programmes allow students to fully immerse themselves in the day in the life of a professional in London.

### ONLINE



Our online programmes are delivered live by our industry experts. Nothing is pre-recorded and all our content is carefully curated to be interactive and engaging.

### Bursary Places Available

We are pleased to offer bursary places to eligible students through our partner school initiative.

[Learn More](#)



[info@investin.org](mailto:info@investin.org)

+44 (0) 203 488 5089

[www.investin.org](http://www.investin.org)



To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

# UCAS

- **University of Liverpool Open Day**  
*Saturday 12th October*  
For further information, [click here](#).
  - **University of Salford Open Day**  
*Saturday 12th October*  
*Saturday 9th November*  
For further information, [click here](#).
  - **Manchester Metropolitan University**  
*Saturday 12th October*  
*Saturday 19th October*  
*Saturday 23rd November*  
For further information, [click here](#).
  - **Liverpool John Moores University Open Day**  
*Saturday 12th October*  
For further information, [click here](#).
- For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button **‘What’s on this month’**.