



# ENRICHMENT

## LYMM SIXTH FORM



CHALLENGE

CREATE

COMPETE

DISCUSS

LEARN

PERFORM



# ENRICHMENT ELECTIVES

## What are they?

Enrichment electives offer a variety of activities for Lymm High students to get involved in, these are completed in addition to their academic studies. These electives will help develop personal skills and confidence which are integral to life outside of school.

These electives will offer students the opportunity to develop the core competencies looked for by employers and universities, which students will include in their future applications.

### **What skills will enrichment electives help me develop?**

The variety of enrichment electives we offer will develop many of the following skills: independence, communication skills, working with others through teamwork, resilience, flexibility and work-life balance, leadership, analysis, presentation skills (depending on the activity).

### **How does it work?**

At Lymm High all students are expected to participate in enrichment. Students are encouraged to sign up to enrichment electives, at least one enrichment activity each half-term. We do not put a limit to the number of activities a student can be involved in!

Here is a list of all the different activities we offer across the year. If you would like to run an additional club we do encourage this; please let us know and we can help you set it up. Please see the further pages of this booklet for more information about each enrichment elective.



Subject area	Enrichment elective
Drama	School play
Careers	weekly work placement – to be organised by student
Oracy	Debate mate
	Model United Nations
Challenge	Lymm Radio
	Transition days
	Peer Reading - Year 7s
	Makaton signing course
	Duke of Edinburgh – run across multiple terms
	6th Form Library helpers
	Sit and Knit
	Helping to lead lower school charity club
	Volunteering at a care home
	STEM club helpers for KS3
Diversity and inclusion	Mental Health Champions & Mental Health working group
	Pride Club
Literacy and journalism	Book club
	Shorthand club
Music	Singing Club
	Band Practice
Sports	Senior Netball
	Boys Football
	Gym in Leisure centre
	Leisure Centre after school
	Friday lunch volleyball/free sport
	Senior boys hockey
	Yoga with Maria Kelly
Subject work	EPQ
	MOOC
	History newsletter
	Gateway
	HE+
	Arts Ambassadors/Club
	DT Ambassador
	CityZen
	Politics Club

# CHALLENGE

## Extended Project Qualification (EPQ)

The EPQ is launched in January of Year 12, and upon completion, is worth the equivalent of an AS level. This is a self-directed project of 4000 words, which helps prepare students for the independent study needed for undergraduate courses.



## The Gateway Programme

This programme is aimed at those students wishing to apply for the University of Oxford or Cambridge, or those applying to the most competitive courses (medicine, dentistry and veterinary science). This programme will support them to make a competitive application.



## STEP Mathematics

This course will prepare students for the STEP (Sixth Term Examination Paper), designed to test candidates on questions that are similar in style to undergraduate mathematics. STEP is used by the University of Cambridge as their basis for conditional offers.



## Duke of Edinburgh

An internationally recognised qualification that involves students developing physical, practical and social skills via completing an expedition and ongoing tasks. Students have the opportunity to complete their Gold Award.



# CREATE



## Sit and Knitt

Learn the basics of knitting with Mrs Hill

## Performing Arts Production

Each year we hold a whole school performance Sixth Form are a critical part of the acting and organisational teams.



## Lymm Radio

A weekly radio show broadcast on Lymm Radio, budding Journalists take note.



# COMPETE

## Netball, Basketball, Football & Hockey

Students can take part in weekly training sessions and compete in regular fixtures throughout the academic year.



## Life Guarding

Gain a valuable qualification and earn some money!



## Rugby

Lymm High School is well known for its successes in rugby, winning both the U16 and U18 Cheshire Championships in the past. Students can train weekly, competing in regular fixtures including the county and national cups.

## Yoga

Students can learn the basics of Yoga and take some time to slow things down in a busy schedule.

## Fitness Suite

Students will be given a gym induction and are welcome to use the fitness suite during lunch times and specific times during the day.





# DISCUSS



## Politics Club

Discuss the big current issues and practice your ability to put a point across successfully.

## Model United Nations

The Model United Nations is a recreational activity in which participants assume the role of national ambassadors or representatives to debate and seek to solve global issues.



## Debating

Debating Club allows students to discuss contemporary issues and world affairs alongside their peers. Students can also learn more formal debating techniques with Debate Mate where you will be coached by a university mentor and take part in nationwide competitions.



## Mock Law Trials

Run by magistrates from Warrington Courts students participate in making decisions about a real trial case.

# LEARN



## KS3 Volunteers

Help students lower down the school in various subjects and improve your own understanding and communication abilities.



## Law Society

Open to any student interested in pathways into Law.

# PERFORM



**Orchestra & Vocal Group**  
A fantastic opportunity to gain experience of playing standard orchestral repertoire.

**Singing Club**  
Amateur or Pro, all are welcome. Singing a wide range of songs. Learning about vocal harmonies and much more.

**Strings**  
Our string ensemble rehearses challenging repertoire and performs in school concerts, and occasionally external venues.



# LEADERSHIP OPPORTUNITIES



## Eco Leaders

Our Eco Reps take a lead with lower school students and members of staff on 5 key areas: biodiversity, waste, energy, water, litter. They plan and deliver assemblies, and support the application for the National Eco-Schools award.

## Student Mentors

This is a great way to support lower school through working with younger students to improve their reading and/or numeracy skills. Through personal relationships students will be able to help develop younger students' confidence.

## Leadership Committee

Lead projects for Sixth Form and Lower School and gain valuable teamwork and leaderships skills.

## Subject Ambassador

Suitable for students looking to enhance their knowledge of a specific subject. Students must commit to at least one lunch time or study period to support a subject/activity.

## Mental Health Ambassadors

Our mental health ambassadors work alongside the staff responsible for this area in school. Students will support staff promoting new initiatives and devising campaigns, all of which involve listening to our student body.





# ENRICH YOUR LEARNING

We encourage our students to lead our clubs and societies, which are held at various times throughout the week. For more information about our enrichment opportunities at Lymm High School visit our website [www.lymmhigh6thform.org.uk](http://www.lymmhigh6thform.org.uk)

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Lymm High School Sixth Form  
Oughtrington Lane, Lymm  
Cheshire WA13 0RB  
01925 755 458  
[www.lymmhigh6thform.org.uk](http://www.lymmhigh6thform.org.uk)