

THE SIXTH

3–7 February 2025

“ THIS WEEK...

EFFECTIVE TIME
MANAGEMENT ”

Time management is one of the most important skills you can develop during Sixth Form, especially as you prepare for exams. By using your time wisely, you can balance studying, extracurricular activities and personal time without feeling overwhelmed.

Start by creating a structured but flexible revision timetable, breaking your workload into manageable chunks, and setting realistic goals for each study session. Remember, it's not just about how much time you spend studying, but how effectively you use that time.

Taking control of your schedule now will help you stay organised, reduce stress and achieve the success you're aiming for.

BRAIN DAY

Dr Guy Sutton is coming into school to deliver a 'Brain Day' for interested students on **Monday 10th March**.

Please [click here](#) to read the full information. See also p.7 for the full programme.



Lynn High School
Sixth Form



WHAT'S ON THIS WEEK



Please [click here](#) to view the Assessment calendar, which includes key dates for the year ahead.

CALENDAR

3–7 February 2025

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Mentoring and weekly reset	Mentoring and weekly reset	
TUESDAY	Assembly	Issues, debates and current affairs	Careers Advisor
WEDNESDAY	Work Experience research	Mock revision	School Nurse, 1.15–2.10pm
THURSDAY	Issues, debates and current affairs	Assembly	
FRIDAY	Futures Friday	Futures Friday	

NEWS



Year 13 impress at Mock Assessment Centre

Nine of our Year 13 students recently took part in the Cheshire and Warrington Mock Assessment Centre, gaining invaluable experience in a professional setting. Throughout the day, they met with employers, participated in practice interviews, and took on a range of engaging challenges. These included delivering creative pitches on randomly selected inflatable objects and working collaboratively to build a functional marble run out of paper.

The event provided a fantastic opportunity for students to develop key employability skills such as communication, teamwork and problem-solving. Employers were incredibly impressed with their confidence, creativity and professionalism, describing them as a credit to the school. Well done to all who took part!



NEWS



Royal Academy Young Artists' Summer Show



The Royal Academy, London, is a highly prestigious art gallery, which runs an annual competition for students. To enter, students simply need to choose one piece of their own artwork to submit. There is no theme and pieces may include drawing, painting, printing, photography, sculpture, textile, fashion, animation or even video!

Entries can be made [here](#) or with the help of Miss Simms (technician). The deadline is **Wednesday 5th March**. Artworks submitted are judged by a panel of artists and arts professionals, with selected artworks displayed online and on-site at the Royal Academy of Arts, which is a fantastic opportunity!

“We have had students selected in previous years to be displayed online or in the Royal Academy of Arts itself, and it would be fantastic to have more Lymm High School students chosen for this years competition!”, said Miss Simms.

See also p.5.



RA

Call for entries

An exciting opportunity for students aged 4–18, who are living and studying in the UK, to exhibit their artwork on site or online at the Royal Academy of Arts.

Open for submissions
6 January – 5 March 2025

Find out more and enter
roy.ac/youngartists
#RAYoungArtists

Young Artists' Summer Show

2025

Royal
Academy
of Arts

Made possible by Robin Hambro

NEWS



Young Talent of Tomorrow Design Competition

The Young Talent of Tomorrow Design Competition

GRADUATE FASHION FOUNDATION

Have a creative vision for the future?

We invite you to create a garment on the theme of **'Imagining Tomorrow'**.

Open to: All students studying textiles, art or a relevant design subject between the ages of 11 - 18.

Deadline: 12pm
Friday 21st March 2025

@officialgfw #GFW25 GRADUATEFASHIONWEEK.COM GRADUATEFASHIONFOUNDATION.COM

The Graduate Fashion Foundation invite students to design a full outfit, following the theme 'Imagining Tomorrow' for the chance to attend Graduate Fashion Week 2025 and see the designed piece come to life! The competition is open to all students studying Textiles, Art or a relevant design subject. For more details, scan the QR code below:



BIRTHDAYS

L-R. Daniels

A. Dyas

J. Hanson

B. Parkinson

H. Viggars

P. Wilshaw



M B I
M E D I C A L
B I O L O G Y
I N T E R A C T I V E

Brains *for* Psychologists

A Half-Day Introductory Tutorial In Neuroscience

Lymm High School
Monday 10th March 2025

Tutor:

Dr Guy Sutton
Director, Medical Biology Interactive

PROGRAMME

9:00-9:05 Introduction and Aims

9:05-10:15 **The Working Brain**

Basic brain anatomy. Nerve cells and synapses. Brain-computer interfaces. Methods of studying the brain: from open brain surgery to neuroimaging. Making human brain tissue in the lab. Neuroplasticity: the effects of sleep, smartphones and vaping.

Morning Break

10:30-11:40 **The Dissected Brain**

Brain anatomy. How much brain can we lose? The case of hemispherectomy. Sheep brain dissection.

11:45-12:40 **Mind, Brain and Crime**

Biological and social interactions in crime. Mental disorder and criminality: the reality. Brain damage and aggression: from brain tumours to traumatic brain injury.

12:40-12:44 Conclusions and Questions

REVISION SUPPORT

YEAR 13

	Subject	Time	Room	Who
Monday	Economics (week A)	1.15–2pm	S106	Mrs Hill
	Maths	1.20–2pm	E103	Mrs Quilter
Tuesday	Biology	1.15–2.10pm	E306	Miss Farmer / Mr O’Flynn
	PE	1.30–2pm	S208	Mr Scott
Thursday	Sociology	1.30–2pm	S109	Mrs Edge
	Economics (week B)	1.15–2pm	S106	Mrs Hill
	English Lit (week A)	1.35pm	A121	Miss Penketh
	English Lit (week B)	1.35pm	A117	Mrs Hartley
	History (Paper 2 India)	1.30–2pm	A202	Mrs Douglas
Friday	History (revision and exam technique)	1.30–2pm	A201	Mr Wilde



FUTURES

OPPORTUNITIES



University of
Chester

Humanities, Cultures and Environment Experience Day

Wednesday 19th March, Exton Park Campus, Chester, 10–2pm

Year 12 and 13 students are invited to explore studying Archaeology, History, Geography, and Theology and Religious Studies at the University of Chester's Exton Park Campus .

An experience day is an excellent opportunity to deepen subject knowledge and get some hands-on experience of what it's like to study at university. There will be a range of engaging, interactive sessions with experts from across all subject teams, as well as tours of the campus.

No catering is provided so please either bring packed lunches and refreshments or you may purchase these on campus (please this is a cashless campus).

For students to book themselves on to attend individually, please [book here](#).



FUTURES

OPPORTUNITIES



CAMBRIDGE CENTRE FOR
ANIMAL RIGHTS LAW

Animal Rights Essay Competition 2025

Deadline for applications: Saturday 15th March

The Cambridge Centre for Animal Rights Law organises an annual essay competition in the field of animal rights law. The aim of this competition is to encourage students to explore the fascinating questions that animals rights raise, and to discuss these questions in an original piece of writing that may inspire them to engage further with the topic in the future.

This year, the Essay Competition is on the title:

'Is rights of nature a useful framework for giving rights to animals?' Discuss.

The competition has two categories: one for university students (including graduates and PhD candidates) and one for secondary school students. The latter is for anyone at high school, college or similar. Essays must be no longer than 1000 words (including footnotes but excluding bibliography). A Winning Commendation and up to two Special Commendations will be sent to the winners in this category, and prizes of £250 will be sent to the winners' schools.

To find out more and submit your essay, [click here](#).



Enter our **Super Draw**

Win a Year of Adventures!

OR £1,000 CASH PRIZE



- Tickets cost just £1 a week
- Chances to win up to £25,000
- Play weekly, or just play the Super Draw!
- Support us in 2025

BUY TICKETS



**YOUR
SCHOOL
LOTTERY**



GambleAware

See website for Terms & conditions. Enter by 22/02/25.

Key Apprenticeship Links

- [Current apprenticeships in the Warrington area](#)
- [Higher & Degree Apprenticeship Vacancies - October 2024](#)
- [Cheshire and West Apprenticeship Opportunities](#)
- [Search for an apprenticeship – GOV.UK](#)
- [A Guide to Traineeships and Apprenticeships - Lymm Sixth Form](#)
- [Not Going To Uni - Search for Opportunities](#)
- [Liverpool John Moores University - Apprenticeships Courses](#)
- [Manchester Metropolitan University - Become A Degree Apprentice](#)
- [Apprenticeships | University of Salford](#)
- [Programmes - Apprenticeships - The University of Manchester](#)
- [Search apprenticeships | UCAS](#)
- [NHS Apprenticeships](#)
- [Linkedin - Degree Apprenticeships](#)



Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nbrown@lymmhigh.org.uk).

Register for New Degree Apprenticeship Alerts:

- [Indeed](#)
- [Total Jobs](#)
- [Rate My Apprenticeship](#)
- [Prospects](#)

Apprenticeship Spotlight

Solicitor Degree Apprenticeship

Company: Myerson Solicitors



myerson

Qualification: Bachelor of Laws – LLB (Hons)

Location: Altrincham

Degree Provider: BPP University

Salary: Competitive

Start date: TBC

Application Deadline: Thursday 1st May

To find out more and apply, [click here](#).



ZigUp Apprenticeships

The recording of *Nurturing Talent: ZigUp Apprenticeships for Every Journey* is now available on YouTube.

This live employer engagement event hosted by Thrive CIC in partnership with ZigUp plc on **Wednesday 15th January**, highlights the wide range of apprenticeship opportunities available, with a strong focus on inclusivity and diversity.

To watch the recording, [click here](#).



University & Apprenticeship Fair

Old Trafford, Manchester

Friday 28th March



This free inspirational and informative event showcases a vast array of exhibiting universities, apprenticeship providers, colleges and specialist institutions. Universities will include: Russell Group, red brick, private and modern institutions. Apprenticeship exhibitors will represent a range of sectors.

The fair is ideal for Year 12 students who will be starting to make decisions regarding their next career or Higher Education options, as well as undecided Year 13 students.

The fair will feature a wide range of vital seminars including:

- UCAS Personal Statement and Application Advice
- Why take an Apprenticeship
- Choosing a University Course
- Higher and Degree Apprenticeships
- Student Finance

For the full event details, including the seminar timetable, [click here](#).



CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

Upcoming Events

- **Banking, Finance & Technology careers with UBS**
Monday 3rd February, 5–6pm (Zoom)
- **STFC Apprenticeship Open Evening**
Tuesday 4th February, 5–8pm
- **Lloyds Banking Group Apprenticeship Insight Event**
Tuesday 4th February, 5–6pm (Zoom)
- **NHS Apprenticeship opportunities**
Tuesday 11th February, 6.30pm (virtual)
- **Virtual Apprenticeship Fair**
Wednesday 12th February 2025, 4–6.30pm
- **Explore a Legal Career with Freeths**
Wednesday 12th February, 5–6pm (Zoom)
- **PwC 3-day in-person programme for Year 12**
Manchester, 18th February, 10th April, 7th August 2025, 10–12pm

For details of all these events and more, [click here](#).

Lloyds Banking Group Apprenticeship Insight Event

Tuesday 4th February, 5–6pm (Zoom)

Lloyds Banking Group has 22 million digitally active customers and has invested over £3 billion in digital transformation, making it the UK's leading digital bank. This exclusive virtual event is your chance to learn how you can start your career with one of the UK's most respected financial institutions. The event will showcase to students the apprenticeship opportunities open to them as well as work experience programmes they can apply to for the February and Easter holiday period.

- Learn how Lloyds shapes the UK economy and supports businesses and individuals across the country.
- Explore apprenticeships and early career programmes in banking, finance and technology.
- Receive expert guidance on excelling in applications, interviews and assessments.
- Get your questions answered directly by Lloyds professionals.

Whether you're exploring traditional banking, considering FinTech, or simply curious about how the industry operates, this event will provide you with the knowledge and connections to plan your next career steps.

To register,
[click here.](#)



Explore a Legal Career with Freeths

Wednesday 12th February, 5–6pm (Zoom)

Do you want to know what it takes to become a top legal professional? This is your chance to gain insider knowledge and take your first step towards a career in law with Freeths, a top 50 UK law firm.

At this exclusive virtual insight event, you'll hear directly from a range of top legal professionals, gain expert career advice, and explore the exciting opportunities available through their solicitor apprenticeship programme. If you're a Year 12 or 13 student and aspire to becoming an elite legal professional, this event will give you valuable insights into one of the UK's most respected firms and help you stand out in the competitive legal industry.

- Discover the best entry points into the legal world.
- Hear real experiences from professionals at Freeths and learn what life is like at a top UK law firm.
- Understand exactly what Freeths looks for in future apprentices and trainees.
- Have your questions answered directly by industry experts and the Early Careers Team.

To register to attend, please [click here](#).





To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

UCAS

- **Year 12 Dental Summer Schools**
Deadline to apply: Sunday 9th February 2025
- **Engineering at Cambridge University**
17–21st February 2025
Deadline for applications: Friday 7th February 2025

- **Humanities, Cultures and Environment Experience Day**
Wednesday 19th March, Exton Park Campus, Chester, 10–2pm
- **Nottingham Trent University Experience Days**
May to July 2025

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button '**What's on this month**'.