THIS WEEK... PREPARING FOR **CHAILENGE**

24-28 February 2025

Half term often brings a heavier workload, so it's crucial to reset and tackle your studies with a refreshed mindset. Take the time to reflect on your goals and identify areas where you can improve, whether it's in your time management, study habits, or overall motivation.

5

Make sure you have all the resources you need - from organised notes to any additional materials – to help you stay on track. Set realistic, achievable goals for yourself, and don't forget to take breaks and manage stress effectively.

Remember that success isn't just about hard work, but also about balancing your wellbeing and staying focused on the bigger picture. By starting this next half term with intention and a positive attitude, you can ensure that you're not only prepared, but also motivated to do your best.

YEAR GROUP PHOTOS

On Wednesday 26th February, Year 12 and 13 students will be taking part in a whole Sixth Form photoshoot. This should be a lovely event, and something we've wanted to instigate at Lymm High for a few years (see p.3).

EPQ PRESENTATIONS

These will take place in the Boardroom on Thursday 27th and Friday 28th February.

Candidates will need to check their Outlook Calendar for specific timings. All students are welcome to come and watch!





Lymm High School

WHAT'S **ON** This **WEEK**

Please click here to view the Assessment calendar, which includes key dates for the year ahead.

CALENDAR 24–28 February 2025

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Mentoring and weekly reset	Mentoring and weekly reset	
TUESDAY	Assembly	Study Skills	Careers Advisor
WEDNESDAY	Work Experience research	Mock revision support	Year group photos (see p.3) Whitworth Gallery trip
THURSDAY	Study Skills	Assembly	Revision and exam stress support (N106)
FRIDAY	Futures Friday	Futures Friday	School Nurse, 10.45–11.15am



Sixth Form Group photoshoot

On **Wednesday 26th February**, Year 12 and 13 students will be taking part in a whole Sixth Form photoshoot. This will take place outside, weather dependent, and disruption to classes will be kept to a minimum. Please ensure you arrive to school in full, smart uniform. Should the weather be inclement, we will look to either move the photoshoot to inside the Sports Hall, or reschedule.

Students, parents and carers will have the opportunity to buy a copy of the print in due course.





BIRTHDAYS

- M. Boyle
- E. Buckthorpe
- T. Chinthala
- H. Danby
- A. Habibi
- H. Hartshorn

- B. Jones
- S. Knowles
- N. Koromia
- E. Lewis
- F. McMonagle
- P. Mittag

- W. Perry
- B. Ross
- J. Stott
 - D. Talib
- M. Wilkins
- K. Wong
- E. Wynne-Roberts

REVISION SUPPORT

YEAR 13

	Subject	Time	Room	Who
Monday	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	Maths	1.20–2pm	E103	Mrs Quilter
Tuesday	Biology	1.15–2.10pm	E306	Miss Farmer / Mr O'Flynn
	PE	1.30–2pm	S208	Mr Scott
Thursday	Sociology	1.30–2pm	S109	Mrs Edge
	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	English Lit (week A)	1.35pm	A121	Miss Penketh
	English Lit (week B)	1.35pm	A117	Mrs Hartley
	History (Paper 2 India)	1.30–2pm	A202	Mrs Douglas
Friday	History (revision and exam technique)	1.30–2pm	A201	Mr Wilde





One week until Year 13 Mock exams

As we approach the half-term break, it's the perfect time to focus on your preparation for the upcoming Mocks. With the right approach, you can set yourself up for success.

Here are five key things to keep in mind as you get ready:



1. Create a Realistic Study Schedule

Use the time wisely by planning your revision. Break it down into manageable chunks, assigning specific subjects and topics to each day. A clear timetable will keep you on track and ensure you cover everything you need to before your mocks.



2. Use Active Recall and Practice Papers

Actively test your knowledge by using techniques like active recall and completing past exam papers. This not only reinforces what you've learned but also helps you get used to exam conditions, making you feel more confident.



3. Take Breaks and Stay Healthy

Don't forget that rest and relaxation are just as important as studying. Schedule regular breaks, make sure you're eating well, and prioritise sleep. Staying healthy will help keep your mind sharp and focused.

EXAMS



4. Review Mistakes and Focus on Weak Areas
Take time to identify any areas that need extra attention.
Review past mistakes, revisit notes, or seek help from your teachers if something is unclear in your first week back so you're ready for the mock exams when they arrive.
Strengthening these areas will give you the confidence to tackle any challenge.



5. Practice Time Management for Exams

Practice managing your time effectively. Use past papers to simulate exam conditions, ensuring that you can answer all questions within the time limits. This will help you build confidence and improve your exam technique.

Remember, preparation is key, and by following these tips, you'll be in the best possible position to do well in your Mocks. Use this half-term break wisely, stay focused, and most importantly, believe in your abilities.





REMINDERS

DONT FORGET TO:

EDGE HILL TRIP

Year 12 students will be visiting Edge Hill University on **Wednesday 23rd April** as part of our Futures programme. <u>Click</u> <u>here</u> to see the letter sent home. All information is on ParentPay.

BUSINESS STUDIES TRIP

Year 13 Business Studies students have been invited to take part in a Business revision seminar on **Wednesday 12th March** at the Trafford Centre.

Please <u>click here</u> to read the letter sent home.

MOCK TIMETABLES

Year 13 students should have received their individual mock timetables. Students should keep these safe (take a photo!), check they are correct, and know when and where you are going each day.







Apprenticeship Open Evening Wednesday 19th March 2025 5.00PM - 7.00PM

Are you interested in an apprenticeship in Electrical, Mechanical, Multi Skilled or Manufacturing Engineering?

Come along to our open evening to hear from industry professionals, speak to current apprentices and find out how to fire up your career with an apprenticeship!

Where to find us: Waterside Training Technology Campus, Pocket Nook Street St Helens WA9 1TW

Contact us:

- 💟 @watersideT
- 🔇 01744 616837
- www.waterside-training.co.uk
- info@waterside-training.co.uk

FUTURES OPPORTUNITIES

APPRENTICESHIPS

Key Apprenticeship Links

- <u>Current apprenticeships in the Warrington area</u>
- Higher & Degree Apprenticeship Vacancies -October 2024
- <u>Cheshire and West Apprenticeship</u>
 <u>Opportunities</u>
- <u>Search for an apprenticeship GOV.UK</u>
- <u>A Guide to Traineeships and Apprenticeships Lymm Sixth Form</u>
- Not Going To Uni Search for Opportunities
- Liverpool John Moores University Apprenticeships Courses
- Manchester Metropolitan University Become A Degree Apprentice
- Apprenticeships | University of Salford
- Programmes Apprenticeships The University of Manchester
- <u>Search apprenticeships | UCAS</u>
- <u>NHS Apprenticeships</u>
- <u>Linkedin Degree Apprenticeships</u>

Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nbrown@lymmhigh.org.uk). Register for New Degree Apprenticeship Alerts:

- <u>Indeed</u>
- <u>Total Jobs</u>
- Rate My Apprenticeship
- Prospects



FUTURES OPPORTUNITIES

APPRENTICESHIPS

United Utilities Apprenticeships

Warrington

Closing date to apply: Wednesday 19th February

United Utilities is offering apprenticeships with excellent benefits, including a generous salary, 26 days of leave (excluding bank holidays), a £500 contribution towards learning to drive, and more.



Apprentices will have dedicated mentors and managers to support them throughout their journey. The key requirements are a willingness to learn, the ability to work well in a team, and effective time and workload management.

For information on the roles, click on the links below.

- Apprentice Data Analyst Wastewater Network Modelling
- Apprentice Scientist

Women in engineering

In addition, United Utilities is helping lead the way for women in engineering. <u>Click here</u> for more information.



FUTURES OPPORTUNITIES

APPRENTICESHIPS

Apprenticeship Spotlight Civil Engineering Degree





Job title:	Civil Engineering Degree Apprenticeship	
Company:	MWH Treatment	
Location:	Stockport	
Degree Provider:	Salford University	
Degree Name:	Level 6 Civil Engineering Degree Apprenticeship	
	BEng (Hons), and your professional qualifica-	
	tion, MICE IEng	
Link:	https://uk.indeed.com/viewjob?	
	<pre>from=appshareios&jk=acf1744d77a328c5</pre>	





Our <u>careers website</u> includes a <u>calendar of events</u>, <u>labour market</u> <u>information</u> and a link to <u>Unifrog</u>.



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more <u>here</u>.

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

Upcoming Events

- **PwC virtual experience programme for Year 12** *Tuesday 18th February, 10–3pm*
- **PwC 3-day in-person programme for Year 12 (Manchester)** *Tuesday 18th February, 10–12pm*
- United Utilities Apprenticeships in Warrington Closing date to apply: Wednesday 19th February
- NHS work experience at Warrington Hospital Applications open: Monday 24th February
- Waterside Training Apprenticeship Open Evening Wednesday 19th March, 5–7pm

For details of all these events and more, <u>click here</u>.





NHS work experience at Warrington Hospital

Applications open: Monday 24th February

The NHS is offering the following types of work experience at Warrington Hospital:

• Clinical placement (ward-based)

This will be a ward-based placement supporting the healthcare assistant/ housekeeper, suitable for students wishing to pursue a career in nursing.

- Shadow a doctor/consultant
 This placement is aimed at students wishing to attend medical school to pursue a career as a doctor (1–2 days).
- Physiotherapy programme

This is suitable for students wishing to pursue a career as a physiotherapist. You will visit five different aspects of physiotherapy throughout the week-long programme.

• Summer work experience (clinical)

Running through the first week of July. This ward-based programme is aimed at students wishing to pursue a career in nursing or as a healthcare assistant.

Summer work experience (medical)
Running through the second week of July, this programme offers training opportunities, tours and time spent shadowing a doctor. It is specifically for students wishing to attend medical school.

Clinical placement (paediatrics, maternity and radiology) Students must be 18 years and older, due to the vulnerability of patients and radiation used. These placements are suitable for students wishing to pursue a career in these areas and may only be for 1 or 2 days.

For information on the process and how to apply, <u>click here</u>.



APPLYING TO UNIVERSITY



To view the latest online University events, <u>click here</u>.

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.



- Education Taster Day at ManMet Wednesday 12th March
- Health and Social Care Taster Day at ManMet Wednesday 26th March, 10–12.30pm
- Humanities, Cultures and
 Environment Experience Day
 Wednesday 19th March, Exton Park
 Campus, Chester, 10–2pm

For details of these events and more, <u>click here</u> to access our dedicated UCAS webpage, and click the button '*What's on this month'*.