

THE SIXTH

THIS WEEK...

PACING YOUR STUDIES

31 March–4 April 2025



AVOIDING BURNOUT BEFORE EXAMS

As exams approach, it's tempting to cram, but effective studying is about consistency, not last-minute panic.

Pacing your studies means breaking your revision into manageable chunks rather than overwhelming yourself with long, exhausting sessions.

Create a realistic revision timetable that balances subjects, includes short breaks, and allows time for reviewing weaker areas. Techniques like spaced repetition and active recall can help reinforce learning without overload.

Remember, rest is just as important as study – burnout can harm your performance more than missing an extra hour of revision.

By planning ahead and maintaining a steady pace, you'll walk into your exams feeling prepared, focused, and in control.



THE SIXTH

31 March–4 April



YEAR 13 SUPPORT

There are just 4 teaching weeks to go until exams start! [Click here](#) to download a study planner.

Please see the Sixth Form team for any support or concerns. We are here to help!

Y12 ASSESSMENT WEEK

Students have been told what will be assessed during lessons next week. Make sure you are well prepared and have completed enough revision for these. Please see a member of the Sixth Form team if you need support.

YEAR 12 FUTURES

Please [click here](#) to read the letter regarding the Year 12 Futures Programme, which contains important information about University Open Days, Degree Apprenticeships, Work Experience and how to support your child.

YEAR 12 EDGE HILL TRIP

Year 12 students will be attending Edge Hill University on **Wednesday 23rd April**. Any students who did not sign up for this trip will still be expected to attend Sixth Form and complete independent study in the Lower or Upper Hex until 1.15pm.

EASTER SCHOOL

A reminder of our Year 13 Easter Revision sessions is on p.9. If students would like to work in the library for silent revision, please [click here](#) to book a space.

EASTER EGG HUNT

Students can win chocolate in our Sixth Form Easter Egg hunt. See p.7 for more details.



Lynn High School
Sixth Form



WHAT'S ON THIS WEEK



Please [click here](#) to view the Assessment calendar, which includes key dates for the year ahead.

CALENDAR

31 March–4 April 2025

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	<i>The Sixth</i> and Mentoring	<i>The Sixth</i> and Mentoring	Y12 EPQ meeting Cambridge Residential meeting, 11am
TUESDAY	Work Experience	Study Support	Careers Advisor
WEDNESDAY	Life Programme – Celebration Assembly	Life Programme – Study/Revision Support	
THURSDAY	Enrichment Log	Assembly – Mock Results	Y13 EPQ deadline Cambridge Residential
FRIDAY	Fun Friday	Fun Friday	School Nurse Cambridge Residential Alton Towers

NEWS



Gold DofE Practice Expedition

DofE Silver and Gold Award groups embraced the challenge this month with their 2-night camp practice expedition in Disley, near the Peak District.

“Despite the overnight temperatures it was a huge success and students should be proud of their positive spirit, independence and teamwork”, said Mr Greenwood.

This will stand them in good stead for the Qualifying Expeditions in June, when hopefully rucksacks will have less thermals and more snacks!



Cambridge Conference

On **Monday 24th March**, Year 12 Gateway students had the exciting opportunity to attend a Cambridge Conference held at Haydock Racecourse. During the event, they met current Cambridge students, admissions tutors and professors, gaining valuable insights into university life and the admissions process.

The students also attended engaging lectures on a wide range of courses, which broadened their understanding of the diverse academic opportunities available at Cambridge.

Overall, they found the day to be highly informative and inspiring, as it offered a deeper perspective on what it takes to study at one of the world’s leading universities.



NEWS



Great Science Bake Off

Five talented KS3 teams were shortlisted to bake and decorate cakes on the theme of transformation in science as part of the Great Science Bake Off Final.

From beautifully evolving ecosystems to cakes representing the Earth's core, the students impressed the judges with their creativity, skill, and, of course, delicious flavours! Huge thanks to the Year 13 Hospitality students for their support with the judging. It must have been a tricky decision to choose the Star Bakers.

“The Sixth Form students were absolutely wonderful judges”, said Miss Farmer.



BIRTHDAYS

D. Ainge

S. Armitage

A. Axon-Hazell

G. Ball

M. Birt

L. Brennan

R. Broadhurst

S. Gallagher

G. George

L. Gibson

H. Hall

L. Johnston

Z. Keaveney

E. Kershaw

J. Lo

B. McFerran

E. Milligan

S. Naylor

C. Nevitt,

A. Powell

O. Powell

A. Saxena

I. Stringer

O. Sutcliffe

O-L Tang

I. Wilde

YEAR 13 LEAVERS' INFORMATION

- **Year 13 Celebration Day – Friday 9th May**
This celebration day, beginning at 8.25am, will include a breakfast treat, followed by time to sign shirts, ice cream and a final celebration assembly. More details to follow.
- **Study Leave Phase One – Week commencing Monday 12th May**
(Part study/lesson): Lessons as normal, unless you have a morning exam, you can take the previous afternoon off (leave at lunch); or an afternoon exam, and you have permission to take the morning off prior to the exam.
- **Study leave phase two – Week commencing Monday 19th May**
Full study leave for all.
- **A' Level and BTEC Exams – Week commencing Thursday 1st May**
If you wish to see an overview of the dates you can find these [here](#). Students will be issued with their individual timetables in due course.
- **Year 13 Prom – Thursday 10th July**
The Year 13 Prom at Walton Hall and Gardens will allow our students to celebrate in style and say their final goodbyes. Tickets are £45, payable now on ParentPay.



Leavers' Hoodies are now available to purchase for £21 on ParentPay. They are available in grey featuring the Lymm Sixth Form Logo on the chest with infilled names in the numerical digits 25 on the back. The deadline to order is **Friday 4th April**.

LYMMM

Sixth Form

**EASTER
EGG HUNT**

CLUES - HUNT - WIN CHOCOLATE

Breaktime on Friday 4th April, 2025

Clues will be announced via email at 10.45am



REVISION SUPPORT

YEAR 13

	Subject	Time	Room	Who
Monday	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	Maths	1.20–2pm	E103	Mrs Quilter
	Psychology (invitation only)	1.30–2pm	S109	Mrs Edge
Tuesday	Biology	1.15–2.10pm	E306	Miss Farmer / Mr O’Flynn
	PE	1.30–2pm	S208	Mr Scott
Thursday	Sociology	1.30–2pm	S109	Mrs Edge
	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	English Lit (week A)	1.35pm	A121	Miss Penketh
	English Lit (week B)	1.35pm	A117	Mrs Hartley
	History (Paper 2 India)	1.30–2pm	A202	Mrs Douglas
Friday	History (revision and exam technique)	1.30–2pm	A201	Mr Wilde





REVISION SUPPORT

UPDATED Easter Holiday Revision Sessions

WEEK 1	Subject	Time	Room	Who
Monday 7th April	Geography	10–12.30pm	A217	Mrs Rigby
Tuesday 8th April	Art	9–3pm	E208/9	Mrs S Taylor
Wednesday 9th April	Art	9–3pm	E208/9	Mrs S Taylor
	Biology	10.30–2pm	A210	Mr O’Flynn

WEEK 2	Subject	Time	Room	Who
Monday 14th April	Media	1–3pm	A114	Mrs Lorenzelli
	RE	9.30–1.30pm	A206	Mrs Bissett-Mahon
Tuesday 15th April	3D Design	9.30–2.30pm	E110	Mr Beardsall
	Maths	9.30–12.30pm	A211	Mr Mullin
	Sociology	9.30-12.30pm	A210	Mrs Edge
Wednesday 16th April	French	9.30–1pm	A211	Mrs S Power
	Biology	10.30–2pm	A210	Mr O’Flynn



SPORTS

UPDATE

Lymm Netballers came 3rd in the invitational Red Bull Switch Up tournament at The King's School in Macclesfield on **Wednesday 26th March**.

Well done girls! One more league match left: Next Wednesday away at Sandbach.

GIRLS U18 NETBALL



REMINDERS

DONT FORGET TO:

Y12 WORK EXPERIENCE

The deadline for all students to have arranged work experience is **Friday 16th May**. All placements need to be added to Unifrog and authorised by the employer, parents and school by this date. We therefore strongly recommend that students log their placements now to allow enough time for all the paperwork to be completed.

[Click here](#) for a reminder of the original letter.

Students can contact Mrs Hughes if they are struggling to find a placement.

STUDENT FINANCE

Year 13 Students have received an assembly on applying for university student finance. The parental information, advice and guidance evening was held on **Tuesday 18th March**, please [click here](#) to access the recording.

YEAR 13 LEAVERS

[Click here](#) for a reminder of the arrangements for our Year 13 Leavers.

The ParentPay deadlines are:

- Leavers Hoodies: **Friday 4th April**
- Prom: **Friday 2nd May**

See also p.6.



FUTURES

OPPORTUNITIES



University of
Chester

Theology and Religious Studies Webinars

The University of Chester's Department of Theology and Religious Studies is running a series of webinars starting on **Tuesday 6th May**. At these online sessions, expert lecturers share their knowledge and engage with topics and issues from the A' Level Religious Studies syllabus.

The webinars start at 4pm and will take place via Teams with a 20-minute live lecture plus anonymous Q&A via the chat.

For further information, [click here](#) to find out about each webinar, its presenter and to book your place. You will then be sent a link to join each event via email nearer the time.

- **Can we call God 'Mother'**
Tuesday 6th May
- **Islamic Teachings on Crime and Punishment in Contemporary Britain**
Tuesday 13th May
- **Does the ontological argument in fact work?**
Tuesday 20th May
- **The Parables of Jesus**
Tuesday 27th May
- **Should theologians argue for the historicity of Jesus' resurrection?**
Tuesday 3rd June

Find out about the Department of Theology and Religious Studies at the University of Chester by [clicking here](#).



Theology
and Religious Studies

FUTURES

OPPORTUNITIES



University of Derby Experience Day

Saturday 29th March, 9.30–2pm



This action-packed Experience Day includes interactive subject workshops, campus tours, and the opportunity for Year 13 students to get a provisional offer on the day. Although the first UCAS deadline has now passed, lots of Year 13 students are still deciding their next steps. This Experience Day is the perfect opportunity to explore courses and the different options available.

In addition:

- Students can chat to lecturers about what you will study and meet future classmates. There will initially be a welcome talk from one of the senior leaders to introduce Derby and set the scene for the day ahead.
- Visit the award-winning accommodation, which was voted Best University Housing in the Global Student Living Awards 2024.
- Visit the Degree Apprenticeships stand and join the information session to find out how this path could set you up for an impactful career working for world-leading organisations.

To find out more, [click here](#).

Check out this course on

unifrog

the universal destinations platform

To investigate how the English and Welsh **criminal justice system** arrives at the truth within a trial.



If you'd like to explore some key topics relating to **crime and the criminal justice system**, check out our course on the Unifrog Courses tool.

The 4-session course will get you to:

- Understand how crime is **defined**
- Learn how criminal justice systems **decide** if someone is guilty
- Explore how **cognitive, emotional, and situational** factors impact the criminal justice system
- Find out how we can combat the flaws of inaccurate **eyewitness testimony** to find the truth



[Click here](#) to view all the courses available on Unifrog



LEADING
EDUCATION

Free Oxbridge & Top University Application Support

Year 12: How to Become
a Successful Candidate

Programme Summary

Free support for Year 12 students submitting their applications to highly competitive universities and medical schools including Oxford, Cambridge, LSE, UCL and Imperial.



Focus on high-impact tips that can be used to get students ahead at these early stages of the process.



Help choosing which supercurriculars will have the most impact on student's applications.



Double your chances of success; 43% of our students get an offer from Oxbridge.



Understand changes to the 2025 Personal Statement and how to best represent yourself in the new format.



Key Apprenticeship Links

- [Current apprenticeships in the Warrington area](#)
- [Higher & Degree Apprenticeship Vacancies - October 2024](#)
- [Cheshire and West Apprenticeship Opportunities](#)
- [Search for an apprenticeship – GOV.UK](#)
- [A Guide to Traineeships and Apprenticeships - Lymm Sixth Form](#)
- [Not Going To Uni - Search for Opportunities](#)
- [Liverpool John Moores University - Apprenticeships Courses](#)
- [Manchester Metropolitan University - Become A Degree Apprentice](#)
- [Apprenticeships | University of Salford](#)
- [Programmes - Apprenticeships - The University of Manchester](#)
- [Search apprenticeships | UCAS](#)
- [NHS Apprenticeships](#)
- [Linkedin - Degree Apprenticeships](#)



Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nbrown@lymmhigh.org.uk).

Register for New Degree Apprenticeship Alerts:

- [Indeed](#)
- [Total Jobs](#)
- [Rate My Apprenticeship](#)
- [Prospects](#)

Solicitor Apprenticeship

Looking for a career in law? We're looking for 1-2 apprentice solicitors to join our team and train in various areas of law including housing law, landlord & tenant claims, human rights, actions against the police, and criminal defence.

The academic training and will be provided by the University of Law and you will be required to attend training 1 day per week. Your training and study will lead to an undergraduate degree in law, followed by the SQE, and then qualification. The rest of your week will be work experience and on-the-job training.

The course will be funded by the government Levy, but we as your employer will pay the £3,000 top up, so you end up with no student debt. Salary is yet to be confirmed but will be in excess of minimum wage. Any job offer will be subject to meeting the entry requirements set by the University of Law.

So, if you would like to join a growing law firm in the heart of Warrington, apply now by sending your CV to Chris Rudd at chris@chrisruddsolicitors.co.uk or visit our website below.

CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

Upcoming events

- **Get Into Medicine** conference:
Sunday 30th March, 9.30–3.30pm
- **Banking & Finance Event with Lloyds Banking Group**
Tuesday 1st April, 5–6pm (Zoom)
- **Get Into Dentistry** conference:
Sunday 6th April, 10.30–4.30pm
- **KPMG virtual experience day**
Monday 14th April, 10–3pm
- **Easter Law Work Experience**
Tuesday 15th April, 10–3pm (Zoom)
- **Easter STEM work experience with Spectris plc**
Wednesday 16th April, 9–3pm
- **Easter Business & Accounting work experience**
Thursday 17th April, 10–3pm (online)
- **Virtual work Experience week**
Monday 30th June to Friday 4th July
- **Sellafield Engineering work experience**
July to October 2025
Closing date for applications: Sunday 6th April

For details of all these events and more, [click here](#).

Online Easter Law work experience

Tuesday 15th April, 10–3pm (Zoom)

This is an incredible opportunity during the Easter break for all students interested in getting into the world of law. Magic Circle Law firm Linklaters, the world's biggest Immigration Law firm Fragomen and the UK's leading Law University, ULaw, are offering students a whole day of legal knowledge, workshops and insights to the sector for aspiring lawyers. This will be an immersive 1-day experience (online via Zoom) where you will get the chance to learn more about law, what it takes to make your way to the top in a law firm, and take part in some legal case workshops to really put your skills to the test as a commercial lawyer.

- An opportunity to take part in legal workshops, hear from two international law firms as well as the UK's biggest university offering law degrees.
- Networking opportunities in the virtual booths.
- Certificate of completion sent out to all students who take part in the day.

If you would like to secure your place, please [apply here](#).



Easter Business and Accounting work experience

Thursday 17th April, 10–3pm

This online work experience day will give students an incredible insight into what it's really like working within the industry and becoming a top business professional at a leading international firm. We have big 4 firm KPMG, BDO, Grant Thornton, S&W and CIMA joining us to run hands-on practical workshops to show you how you could grow your career as a successful accountant, consultant or tax adviser. You will have the opportunity to work on business projects, conduct a profit and loss on a company, work on a consulting project, as well as getting the chance to pitch your ideas and work to the professionals across the day.

On top of this, there will be dedicated workshop / networking booths so you can have one-to-one conversations with people from these companies to get your questions answered and find out about all the key programmes on offer, deadlines to apply, as well as summer work experience opportunities along with graduate and apprenticeship programmes.

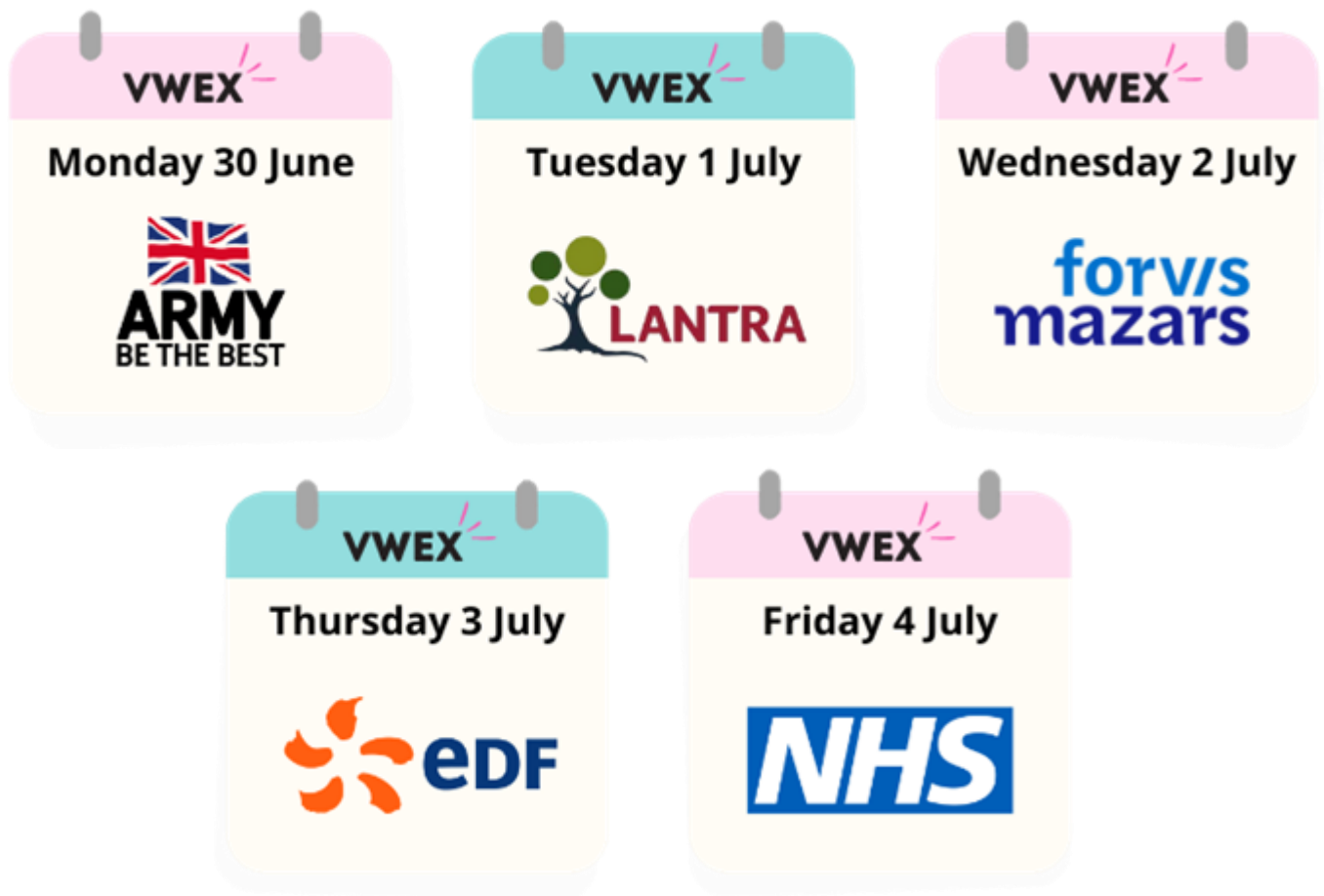
If you would like to secure your place, please apply on [this link](#).



Virtual work Experience week

Monday 30th June to Friday 4th July

For students who missed out on in-person placements, or those who wish to further build their employability skills, this is a great way to connect with some top employers:



Each day will be a combination of live webinars and time for students to complete a real workplace task through the Courses tool.

Students can choose to sign up for just one day, a few days or the whole week. Keep an open mind and take this opportunity to experience what work might be like in different sectors or departments.

For further information, [click here](#)



To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

UCAS

- **University of Derby Experience Day**
Saturday 29th March, 9.30–2pm
- **Nottingham Trent University
Open Day**
Saturday 26th April
- **Meet the Russell Group webinars**
29th April, 30th April and 1st May

- **University of Chester**
Theology and Religious Studies
Webinars: 'Can we call God 'Mother'
Tuesday 6th May
- **ManMet Open Day**
Wednesday 18th June

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button '**What's on this month**'.