



LYMM
HIGH SCHOOL

FOUNDED c.1592



Wellbeing Week,
p.6

Students took part
in various activities
for mental health
awareness.

Year 8 & 9
en France, p.13

Crêpes, croissants
and culture in
Saint-Omer.

NEWSLETTER

ISSUE: MAY 2026 · WWW.LYMMHIGH.ORG.UK



SUSTAINABILITY AT SCHOOL

Set within 26 acres of grounds, Lymm High benefits from a unique environment that includes sports fields, grass pitches, an orchard, a wildflower area and an allotment.

As our site combines a historic Grade II listed building, modern teaching facilities and a swimming pool, there are both opportunities and challenges

to manage energy and sustainability. However, according to our latest Sustainability Internal Scrutiny Review, Lymm High School is performing above

average in the area of sustainability, with key practices in place that are operating effectively. We are proud of our strong commitment to environmental

responsibility; and sustainability is embedded in our day-to-day operations, our curriculum, and the wider life of the school. We are continually working to reduce our environmental impact while creating meaningful learning opportunities for our students.



Energy and emissions

We actively monitor our energy use and carbon emissions via a KPI dashboard and produce an annual Streamlined Energy and Carbon Report (SECR). We are committed to improving efficiency across the site and have already taken significant steps to reduce our environmental impact, including:

- Installing energy-efficient double glazing across most of the modern buildings and the listed Oughtrington Hall.
- Installing blinds to improve natural shading.
- Converting around 85% of lighting to LED.
- Improving insulation throughout the school.
- Upgrading heating and ventilation systems for better efficiency.
- Installing a new cover on the swimming pool to reduce energy loss.

- Implementing a policy of buying locally for the school canteen and serving areas.

We have set an ambitious target to achieve net zero carbon emissions by 2035, and we are actively exploring further improvements such as renewable energy and low-carbon heating.

Biodiversity

We are fortunate to have extensive green space, which we actively use to support biodiversity. The school employs a groundsman to maintain the grounds, ensuring they remain well-kept, healthy and in good condition. We also undertake an annual tree survey to monitor the health of our long-established trees, some of which are over 400 years old.

Current and planned initiatives include:

- Planting hundreds of new trees across the site. In 2024, 110 trees were planted to create our orchard. These are already bearing fruit, and include cherry, damson, apple, pear and plum. This Spring, we planted 418 young trees courtesy of the Woodland Trust. This includes 90 Hazels, 45 Rowans, 60 Blackthorns, 73 Crab Apples, 75 Elders and 75 Dog roses.
- Additional habitat creation through new planting, bird boxes, bug hotels and bog gardens or ponds.
- Maintaining wildflower areas and supporting pollinators.
- Participating in 'No Mow May' to leave areas of the grass uncut thereby encouraging natural habitats. We will monitor the effects, and if a success, may look to extending the campaign into the summer.



Our Eco Group

We have an active Eco Group, made up of staff and students, who play a key role in driving sustainability across the school. Their enthusiasm and creativity have helped us achieve and maintain National Eco School status for 4 consecutive years. The group leads a wide range of initiatives, including:

- Biodiversity projects such as installing bug hotels and setting up bird feeding stations.
- Litter picks and recycling campaigns.
- Raising awareness through assemblies, newsletters and wall displays.

Students are also given opportunities to present their ideas to school leaders and governors, helping them develop valuable communication and leadership skills.

Learning for a sustainable future

Sustainability is increasingly integrated into our curriculum. Subjects such as Geography, Science, Food Technology and Business Studies all contribute to students' understanding of environmental issues. We also provide hands-on learning opportunities through:

- The school allotment.
- Environmental projects across the site.
- Collaboration with local organisations and experts, such as the Woodland Trust and Warrington Borough Council's Ranger team.

These experiences help prepare our students for future careers in a rapidly changing, environmentally conscious world.

Looking ahead

While we are proud of our progress, we are committed to going further. Our next steps include:

- Developing a dedicated Climate Action Plan.
- Expanding renewable energy options, such as solar power.
- Continuing to improve energy efficiency across the school. A Condition Improvement Fund (CIF) application is in place for the replacement of gas boilers with ground source heat pumps.
- Trialling the use of sensor taps in bathrooms to prevent excess water loss.
- Increasing opportunities for student involvement in sustainability decisions.
- Promoting 'green travel' for both staff and students.



This month, we have also appointed a Sustainability Lead, Mr Hendrie, to help guide and strengthen our long-term strategy.

We will continue to share updates on our sustainability journey through our website and newsletters. If you would like to get involved or learn more, please contact the school.



£1
per week

Support our
SCHOOL LOTTERY

Weekly cash prizes

£25,000
JACKPOT

The Lymm High School lottery has been set up specifically to raise money that will make a real difference to our incredible students!

The lottery is a fantastic way to bring parents, carers, teachers and the wider community together, in partnership with our school, to help support and enrich the education of our students. All money raised will be put towards providing extra resources and extra-curricular provision in areas such as art, drama, sport, music, ICT and technology.

Your support is greatly appreciated.

visit yourschoollottery.co.uk and search for **LYMM**

MENTAL HEALTH AWARENESS



During 11–15th May, we came together to spread positivity during Mental Health Awareness Week, writes Miss Walker.

We focused on positive wellbeing, stress relief and supporting one another. Managing the pressures of High School can be challenging. Taking time to pause, talk and smile makes a massive difference in our daily lives.

Our newly appointed Year 7 Wellbeing Champions stepped up to lead the charge, spreading positive vibes and mental health awareness across all year groups.

Kooth set up an interactive information stall on Thursday 14th May. Kooth provides free, safe and anonymous online mental health support for young people. Students dropped by to chat, grab resources, and learn how to access digital counselling and wellbeing tools whenever they need them.



MENTAL HEALTH AWARENESS WEEK

11TH - 17TH MAY 2027

Mindful Monday	Time to talk	Wellbeing Walk	Thrive Kooth Stall	Feel Good Friday
<p>Mindful Monday is a way to transition from the busy energy of the weekend into the school week by practising simple mindfulness like:</p> <p>Sensory "I Spy": List 5 things you can see, 4 you can feel, 3 you can hear, 2 you can smell, and 1 you can taste.</p>	<p>You don't need a reason to chat! Whether you're stressed, bored or simply want to laugh!</p> <p>This Tuesday take some time to check in on a friend!</p>	<p>Join Miss Walker for a wellbeing walk around the field! This is a great way to get talking, connect with friends and start the day off right!</p> <p>SIGN UP DURING FORM</p>	<p>Come and say hi to a member of the Kooth team!</p> <p>When: Thursday 14th May 2026 Break time!</p> <p>Kooth is a free, safe, and anonymous online space for your mental health and wellbeing.</p>	<p>Join Miss Walker for the ultimate shooting challenge! Shoot your shot to win a prize.</p> <p>SIMPLY SHOW UP ON FRIDAY</p> <p>When: Friday 15th May 2026 Time: Break Where: Basket Ball Yard</p>

The absolute highlight of their campaign was 'Shoot Your Shot Friday' at breaktime on Friday 15th May. The Wellbeing Champions set up a basketball challenge with a brilliant twist: students got the chance to shoot a hoop to win great prizes. This really proved that physical activity can be a great tool for boosting mood and relieving school stress. Let's keep looking out for each other and keep the conversation around mental health going all year long!





GREAT SCIENCE BAKE OFF

This year's Great Science Bake Off was a huge success, with almost 30 fantastic entries!

Mrs Spellman and Mrs Chidlow even needed help from Sixth Form science students to narrow the competition down to the final 12 cakes.

The theme for Science Week 2026 was 'Curiosity: What's your question?', and students amazed us with their creativity and big scientific ideas. Designs ranged from brain-themed cakes and aliens to the Hadron Collider – which students even have the opportunity to visit in Geneva when in the Sixth Form.

The final took place on Wednesday 1st April, and the atmosphere in the kitchen was incredible. Students baked their cakes at home and then had 2 hours to decorate them under the watchful eyes of our judging panel.



Three prizes were awarded and the prestigious wooden spoons have been handed out to the following students. Sarah Ali (Year 7) won the Design Award for her Buckminster fullerene cake, while Eris Coxon (7TH) received the Skills Award.

Our overall champions – for the second year running – were Luke Donovan, Finn Hill and Jake Twiddy (8WH) with their incredible Mars Rover design, which was almost entirely edible. The wheels even moved!

Can the boys return and make it 3 years in a row? We'll have to wait and see!





BRINGING HISTORY ALIVE IN MANCHESTER

Sixth Formers had a bespoke visit to Manchester Metropolitan University on Wednesday 6th May to explore the Cold War and Decolonisation, writes Mrs Douglas.

In American History lessons, Year 12 students have been studying the politics of various US presidents and their response to Cold War tensions (for example, Truman and his Doctrine, and more recently Reagan and his attempts to achieve 'peace through strength'). The lecture explored key figures in America's History that were accused of being Communists when they stood up for their beliefs including Mohammed Ali. He was drafted for the Vietnam War and 'dodged' the draft due to his religious beliefs. This led to the US Government accusing him of being un-American and he was threatened with 5 years' imprisonment and a \$10,000 fine with him also being stripped of his world title.

The trip also allowed us to explore Manchester's connection to the Cold War through investigating the Pan-African Congress, which was held at a conference in Manchester. The aim of the conference was to enable decolonisation throughout African States. We then participated in a seminar with students using what they'd learnt in the lecture to create responses to it.

There were creative ideas for podcasts to explore the Cold War further, for example, interviewing key leaders and putting them in the 'ring' together to discuss opposing ideas on Decolonisation and the Cold War. Another group explored American Culture and how it was impacted by the Cold War. This led to

discussions about famous films and their Cold War connection (e.g., *Back to the Future*). This group also discussed the fact that references to the Cold War are still used today for example the *Stranger Things* series. We ended our day with a campus tour from two current university students who shared their experiences of university life and what they were studying. Students were exceptional on this visit and really engaged in all activities in order to get a true feel for university life.



PQA WARRINGTON
SUMMER SCHOOL

YOU CHOOSE

5 DAY
FILM CHALLENGE
Write and make a film in 5 days
AGES 9-18

SUMMER
SHOWSTOPPERS
Join us for all singing, acting and dancing!
AGES 6-18

27TH - 31ST JULY 2026
Bridgewater High School (lower school), WA4 5JL

BOOK YOUR PLACE

To book, please contact claire.oxlee@pqacademy.com

PAULINE
QUIRKE
ACADEMY
OF PERFORMING ARTS

BE YOURSELF BE AMAZING.

VIVE LA FRANCE!



Forty Year 8 and 9 students recently enjoyed an unforgettable residential trip to Saint-Omer in the north of France, writes Mrs Hurn.

The itinerary was packed with French language practise and exciting cultural experiences, giving students the chance to develop both their confidence and their understanding of French culture.

As soon as we arrived, the cultural activities began with the students taking part in a fun crêpe-making session. They certainly seemed to thoroughly enjoy the fruits of their labour! Throughout the trip, the centre staff

explained all the activities in French and encouraged students to speak French as much as possible giving plenty of opportunities for authentic language practise. One of the highlights of the trip was a visit to a traditional chocolate factory, where students watched handmade chocolates being produced. Everyone enjoyed the opportunity to taste the chocolates and buy some to take home for family and friends.

Our wonderful centre guide Sam then gave us a personalised walking tour of Boulogne sur Mer's beautiful old town before we learnt more about French gastronomy at the snail farm. Students learned all about how snails are farmed and were allowed to handle the snails – even putting them on their faces! After the talk, many students were very brave in trying three different flavours of snail!

Friday morning began with a traditional French breakfast. Students learned about French breakfast customs and thoroughly enjoyed dunking their croissants into hot chocolate in true French style. We then visited a huge French hypermarket. Its enormous size amazed the students. Many took the opportunity to buy French treats and gifts for their families. This was followed by a visit to the Nausicaá Aquarium in Boulogne, one of the largest aquariums in Europe. The real highlight there was the hilarious sea lion show, which had everyone laughing. Later that day we visited the planetarium for a 3D show and then rounded off the day with a fun archery tag session back at the château.



The weather was fabulous and allowed us to enjoy our lunchtime baguettes on the beach in Boulogne on both days. Some students let off steam by playing football and volleyball on the beach, whilst some just relaxed with an ice cream and soaked up the rays.

The trip concluded with a visit to the fantastic Saturday market in Saint-Omer, where students and staff spent the last of their euros on delicious French delicacies and souvenirs before beginning the journey home.

Students returned tired but extremely happy, with greatly increased confidence in speaking French and many wonderful cultural experiences to remember. It was a fantastic trip that will stay with them for years to come.



TELL US!



Be socially responsible
and **TELL US**
if you see people
behaving inappropriately
on the school bus.



**TRUST US,
DON'T KEEP
IT TO
YOURSELF -
TELL US!**

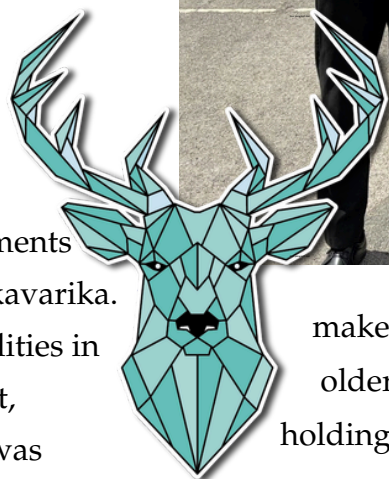
BOOM!



SHOOTING HOOPS FOR HALLS

The month of May saw the return of the Inter-Hall 3v3 Basketball Tournament, and what a competition it was.

Eight teams across the five Halls stepped onto the court over four lunchtime sessions, competing for Inter-Hall bragging rights in one of the most hotly contested tournaments we've had, writes Ryan Chakavarika. As one of my first responsibilities in my new role as Head Student, organising this competition was something I was really proud to do. Seeing students from different year groups and Halls come together, compete hard, and show genuine sportsmanship throughout was exactly what this kind of event is about. One of the standout moments for me was watching a Year 7 team



make it all the way to the final going up against older, more experienced opposition and holding their own. That took real heart.

The final itself on Thursday 14th May was the highlight of the week. Moreton came out of the blocks fast, building a 5-point lead that looked like it might be enough. But Dunham Charlie Gallagher, Max Harter and Will Harvey weren't done. Slowly and steadily they clawed it back, eventually winning 9-7 in a finish that had everyone watching. A special mention to Yat Nok Cheung of Arley, whose reverse in the early rounds was one of the most talked-about moments of the group stage.

Dunham are now Inter-Hall Basketball Champions for the second time and if this is how they go out, they couldn't have written a better ending.

Well done to every student who took part. See you on the court next year.



CAREERS FAIR

Years 7 to 13

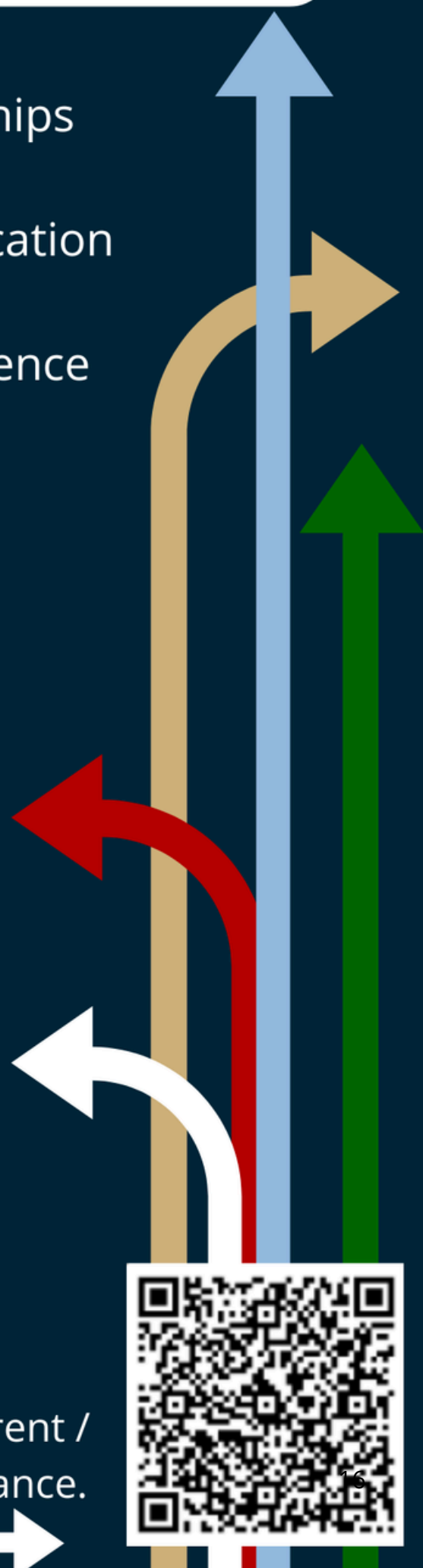
Tuesday 7th July 2026
5–7pm

LHS Sports Hall

What's your next step?

- Jobs
- Apprenticeships
- Colleges
- Further education
- Universities
- Work experience

Students should attend with their parent / carer. Tickets must be booked in advance. Scan here to book tickets.



PREMIER LEAGUE DARTS COMPETITION



This year saw the launch of the very first Lymm High School Premier League Darts Competition – and what a success it has been!

Across three divisions and involving over 120 students, the competition quickly became one of the most popular extra-curricular activities in school.

The league structure saw matches played weekly at lunchtime, with League 1 taking place on Fridays, League 2 on Thursdays, and League 3 on Wednesdays. Teams competed in a doubles format, with two students representing each side in competitive 501 matches throughout the season.

“The standard of darts across all three leagues improved massively as the season progressed, with students showing not

only impressive skill levels, but also excellent sportsmanship, teamwork, and commitment week after week”, said Mr Gornall who organises and runs the League.

In League 2, Evelyn Matthews and Ivy Smith were crowned champions after a brilliant season and will now be promoted to League 1 alongside two other teams next year.

League 3 champions Oscar Allen and Logan Broome also impressed throughout the campaign and secured promotion to League 2, joined by four additional promoted teams.

League 1 produced an especially dramatic end to the season, with a fierce battle for the playoff positions going right down to the final fixtures. Eventually, four teams secured their places in the semi-finals. The first playoff semi-final saw Theo Gyepi-Garbrah and Zach Pomfret face Viktor Vychodil and Finn Hill in a best-of-three 501 match held in the Main Hall. Theo and Zach produced a strong performance to book their place in the final.

The second semi-final featured Sixth Formers Olly Lloyd and William Greenwood against KS3 pairing Oliver 'The Bullet' Edwards and Dexter Grace. Oliver and Dexter continued their outstanding form to secure their place in the final.

The final itself crowned the first ever Lymm High School Premier League Darts Champions. In the Main Hall, Oliver Edwards and Dexter Grace defeated Theo Gyepi-Garbrah and Zach Pomfret 2-0 in a high-quality contest.

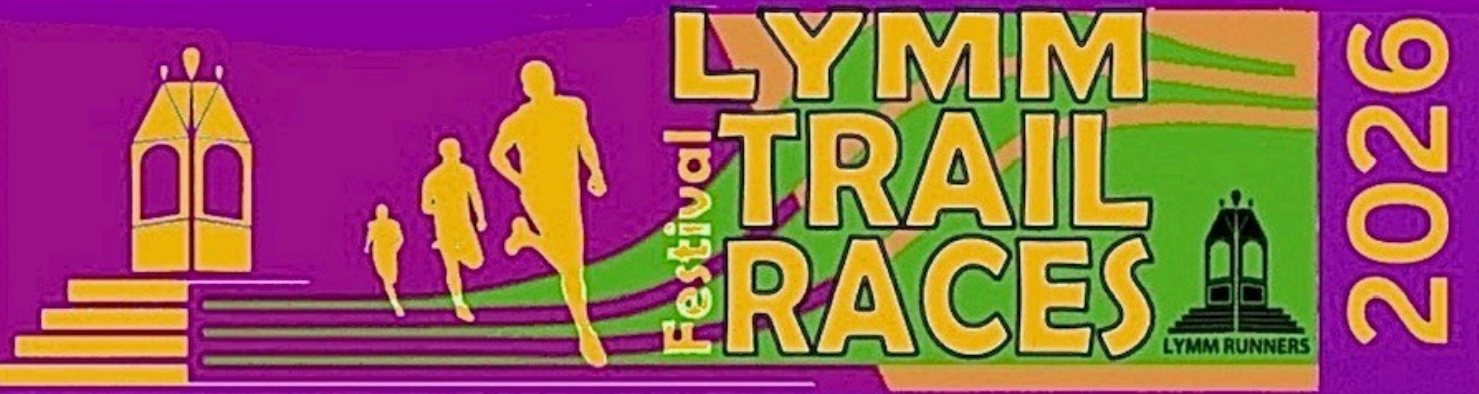


The standard of play was exceptional, with Oliver and Dexter averaging an impressive 54 during the final match.

Beyond the competition itself, the darts league has been hugely positive for students across the school. Lunchtimes have been filled with excitement, teamwork and encouragement, with students from different year groups regularly supporting one another. Participation in extra-curricular activities has increased significantly, and many students have developed confidence, leadership skills, and new friendships through the competition.

Special recognition must also go to the school's Darts Ambassadors, who have been outstanding throughout the season. From helping with scoring and setting up equipment to clearing away and leading by example, they have played a massive role in making the competition such a success.

With promotions, rivalries, and new teams already preparing for next season, the future of the Lymm High School Premier League Darts Competition looks incredibly exciting.



2026

Sunday 21 June



2k Fun Run

4-15 years £5.00

Medal, Treat and Fancy Dress Competition!

Proceeds to The Woodland Trust and Friends of Spud Wood

5m Trail Race

16+ £17.00

All off-road, with winner and age category prizes!



LYMM HIGH SCHOOL

Oughtrington Lane, Lymm WA13 ORB

Fun Run 10:30

Trail Race 11:15

LYMMRUNNERS.org.uk



WINNING AT WATER POLO

Nieve Folkes played in the Swim England National Age Group Championships during the first weekend of May.

The U17 team, representing the City of Liverpool, made it to the final and won Silver and U19's Bronze. The Championships, which took place in Gloucester, showcase the best teams in the country so coming home with second and third place is amazing!

Up next, Year 11 Nieve is flying out to Spain in June for a tournament with her Liverpool teammates. She has also been selected to play in the GB Hawks and is flying out to the Czech Republic in November.

Year 11 is busy enough for students, but Nieve is taking it all in her stride. She takes



all her work with her on away weekends to ensure her studies continue, and revises between games. Lots of planning ensures revision is completed and training can be attended.

Exciting times ahead. Well done Nieve!

CAREERS FAIR

Tuesday 7th July, 5-7pm

CAN YOU HELP?

We need companies, colleges and universities to exhibit

For information, contact NWilliams@lymmhigh.org.uk

CHAMPION CHEERLEADERS

Huge congratulations to Aoife Norman and her team, who returned home from the Cheerleading Allstar World Championships in Florida as Champions.

The Allstar World Championships took place on 14–19th April and is one of the world's most prestigious end-of-season cheer events. It brings together the very best teams from across the globe to compete for international recognition and the title of World Champion.

In the semi-finals, Year 8 Aoife's team – Crimson Heat Phoenix Hydra – delivered a fantastic performance, earning a place in the finals. On day two, the team performed a breath-taking, near perfect routine and achieved an outstanding score of 98.6%, placing them first out of 93 teams. Notably, they were the only UK-based team to progress to the finals, where they went on to win 1st place, bringing home the gold medal.

Well done, Aoife!



kooth

Stressed about exams?

You don't have to face it alone

Kooth.com



SWIMMING GALA

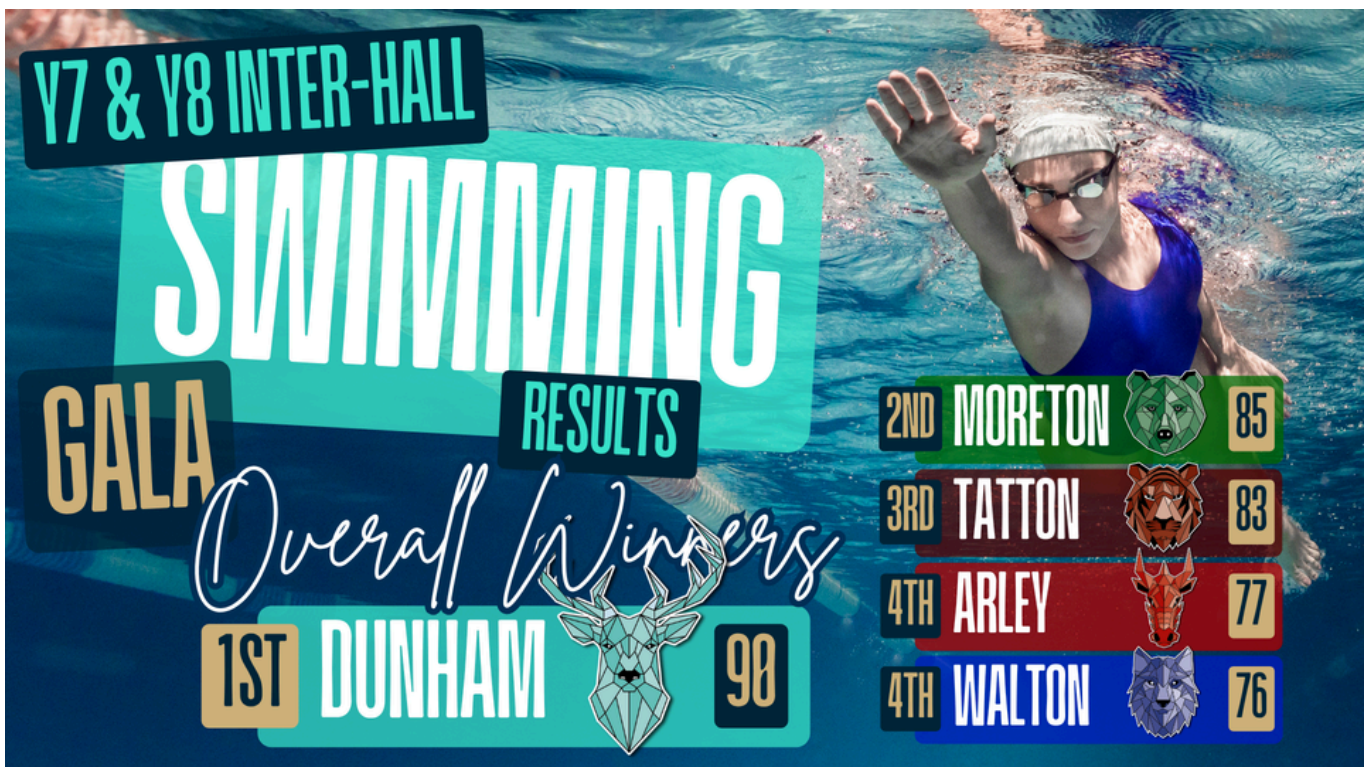
Lymm High School hosted a fantastic Inter-Hall Swimming Gala for Year 7 and Year 8 students, bringing together students from all Halls for an exciting morning of competition, teamwork and school spirit.

Students competed enthusiastically across a range of swimming events, representing their houses with pride and determination. The atmosphere throughout the gala was outstanding, with swimmers giving their all in every race while classmates cheered loudly from the poolside in support.

A huge congratulations goes to Moreton Hall, who were crowned Year 8 champions after a series of impressive performances in the pool. In the Year 7 competition, Walton Hall claimed victory, showing great teamwork and consistency across the events.

One of the standout features of the gala was the incredible attitude shown by all students involved. They demonstrated excellent sportsmanship throughout the morning, encouraging one another and celebrating each other's achievements in true Lymm High School spirit. The energy, positivity and support from every Hall created a brilliant atmosphere that made the event such a success.

"Special recognition must also go to the team of Sports Leaders, who were absolutely incredible in the organisation and running of the gala", said Mr Kerwin.



“From managing teams and organising races to supporting swimmers and ensuring the event ran smoothly, the leaders showed exceptional responsibility, professionalism and enthusiasm throughout the day.” Their hard work behind the scenes played a huge role in making the event enjoyable for everyone involved.

Overall, the Inter-Hall Swimming Gala was a fantastic celebration of competition, teamwork and school community, and all students and staff involved should be extremely proud of their efforts.



CREATING A STORM

Monty Knott took part in the Riga international ice hockey tournament in Latvia last month. The Year 7 student has been playing ice hockey for the last 6 years. He plays for the Manchester Storm Academy u14s as a defenceman.

Having had success with British Selects at their showcase event in Sheffield, and also attending England trials last year, Monty is hoping to be selected for various upcoming tournaments at the start of the new season in September.

We wish you the best of luck, Monty.



HIGH LEGH TEAS

Thank you to everyone who supported our High Legh Sunday Teas event, which was held to raise funds for school's PTA.

On Sunday 17th May, our wonderful volunteers, led by Rachel Hind, spent the day baking and selling homemade cakes, trifles, pavlovas, sausage rolls and sandwiches. As well as setting up for the start at 10am, the team also served guests, washed up and cleared away after the event. Thank you to everyone who helped, and supported by baking goodies or buying from us on the day. We raised £1000!

Thank you, as always, for your support. The money raised will go back into school to improve our children's school experience.



UPCOMING DATES

Tuesday 2nd & Wednesday 3rd June
Animal Farm production

Tuesday 16th June
Fashion Show, 5pm

Thursday 18th June
Year 11 Prom

Wednesday 24th June
Visual Arts exhibition

Tuesday 7th July
Careers Fair
(see p.16)

Wednesday 8th July
Summer concert

Thursday 9th July
Year 13 Prom

Monday 13th & Tuesday 14th July
Lower School Production

Follow us on social media
[@LymmHighSchool](#)

