

WHOLE SCHOOL**Early finish and INSET Day**

A reminder that school finishes at 12.25pm this afternoon due to Open Evening. Please be aware that there will be no school buses so please make alternative arrangements for your child to get home. In addition, tomorrow, **Friday 9th October**, is an INSET Day.

World Mental Health Day

To mark World Mental Health Day on **Saturday 10th October**, all students have participated in an online assembly with the wellbeing app 'Soluna' by Kooth this week. This NHS funded wellbeing service is a free self-help tool for students to access, with opportunities to speak one-to-one with qualified mental health professionals anonymously at a time that suits them.

Kooth also visited school to deliver a stall to share resources and tips with students to mark the importance of talking about mental health and accessing support if needed.

Free School Meal entitlement – could your child now be eligible?

The rules about Free School Meal (FSM) eligibility have recently changed and a number of previously ineligible parents are finding that their child is now eligible. If you receive Universal Credit, you are now eligible for FSM, regardless of your annual income (which was not the case last year). You can use this useful [eligibility checker](#) to see if your child is eligible. Choose Warrington in the first box, and Lymm High School in the second box. Then it will ask you for just three pieces of information: your name, National Insurance number and date of birth. Finally, it will ask for your child's name and date of birth. It takes just a few seconds to return an answer. If you add your email address when prompted, it will automatically email you the outcome too. If it comes back as Eligible Targeted or Eligible Expanded, please let us know. You then need to submit a FSM application form to Warrington Borough Council who will process and then initiate funding to school to provide the canteen credit for your child (they will be unaware of this – it will simply look like you've topped up their account). We appreciate that it looks like duplication but the checker is simply a quick and easy way to check your child's eligibility in a few seconds; the FSM application form is just a formality if the checker has said you are eligible.

For further information and to apply, please see the links below.

- [Could your child be eligible for Free School Meals?](#)
- [FSM Application Form](#)

On a different note, if your child was eligible for FSM last year and is now (after re-checks) either not eligible for FSM or has not been checked because of missing details, please reapply for FSM using the FSM application form. You may also want to use the above checker to see if still eligible. Any queries, please contact Mrs Moge in Student Services (amogey@lymmhigh.org.uk).

Cashless catering

Please remember to top up your child's cashless catering account via ParentPay to ensure your child is able to purchase food at break and during lunchtimes. You can [click here](#) to view the lunch menu, which changes each day. The price list can be [viewed here](#).

Honours Boards

Lymm High School has Honours Boards that display the names of all students who have, over the years, represented their county or country at sport. Recognition is also given to those students who are placed (top 3) in national competitions. We update the Boards every 2 years; therefore, any student from Years 8–13 who has achieved county honours in the period of time from September 2024 to the present day should be recognised on these boards. Please [click here](#) to access the application form. We will then contact applicants before the end of the deadline of October half-term.

DofE Information Evening

We are hosting a Duke of Edinburgh (DofE) Awards Information Evening on **Tuesday 13th October** in the Main Hall (5.30–6.30pm) for Year 9, 10 and 12 parents. This will be especially useful to parents and students new to the DofE Award scheme. Application Letters will be sent out before October half-term with further information and a reply slip for students to sign-up.

Easy Fundraising

You can help us raise money for Lymm High's PTA while online shopping at no extra cost to yourselves. All you need to do is [click here](#) and select Lymm High School as your cause, and school will then receive a percentage donation. As always, thank you for your support.

LHS Lottery

Congratulations to this week's school lottery winner, Ms Daniels, who won £44.75! If you have not signed up for our lottery yet, please head to our dedicated lottery website [here](#). If you want to find out how the school lottery works, please [click here](#). Tickets are only £1 each week and your support would be hugely appreciated.

LOWER SCHOOL

Year 7 Parents' Evening

Year 7 Parents' Evening will take place on **Thursday 19th November**. Please [click here](#) to read the full details.

Life Programme

During Form time on **Thursday 22nd October**, Key Stage 3 (KS3) students will take part in the following Life Programme sessions, with content tailored appropriately to each year group:

- **Year 7** – Consent: Understanding what consent means, recognising personal boundaries and knowing that everyone has the right to say no.
- **Year 8** – Online Rights & Risks: Exploring young people's rights and responsibilities online, potential risks and how to stay safe.
- **Year 9** – Contraception & Sexual Health: Learning about different methods of contraception, safer sex and where young people can access reliable information and support.

We encourage parents and carers to continue these conversations at home.

UPPER SCHOOL

Year 11 'How to help your child revise' evening

The Year 11 'How to help your child revise' evening for parents and carers will take place on **Thursday 15th October**, 6–7pm, in the Main Hall.

Life Programme

During Form time on **Thursday 22nd October**, Key Stage 4 (KS4) students will take part in the following Life Programme sessions, with content tailored appropriately to each year group:

- **Year 10** – The Impact of Pornography: Exploring how pornography can affect expectations, relationships and attitudes towards sex and consent. This will also include AI-generated/deepfake sexual images and the law.
- **Year 11** – Sexual Harassment and Abuse: Understanding what constitutes sexual harassment and abuse, recognising unacceptable behaviours, and knowing how and where to seek support.

We encourage parents and carers to continue these conversations at home.

Post-16 options

Myerscough College is holding Course Advice Mornings at each of its Preston, Liverpool, Manchester and Warrington centres on **Saturday 21st November** and **Saturday 6th February**. The College runs subjects that cover a wide range of land-based industries (from Agriculture and Equestrian Studies to Motorsports and Veterinary Nursing.) There's also a choice of Sports Coaching and Performance routes, across Football, Rugby, Cricket, Golf and Basketball. There are options at a range of levels within each subject, from bespoke Foundation Learning courses through to Level 3 Diploma suites and dedicated T' Level routes; ideal for progression to university. Plus, most subjects offer Apprenticeship opportunities. [Click here](#) for additional information.

SIXTH FORM

The Sixth bulletin

[Click here](#) to access all issues of *The Sixth* bulletin, which include all the news and updates for Year 12 and 13 students, parents and carers.

Personal Development Update

As we embark upon a new academic year, we start with a personal development focus on **participation**. At Lymm High School we are very fortunate to have a wealth of opportunities available to our students both during the school day and after school. Actively participating in the school community through clubs, teams and events is an important part of your child's school experience with us, supporting them in developing key skills of teamwork, resilience and confidence. Ultimately, these important skills shape the character of our students, equipping them to enjoy success both in and out of school. Our full list of extra-curricular clubs and

activities can be seen on our [website here](#), and is printed below. In addition, please [click here](#) for the latest sports clubs timetable.

Our assembly themes for the next 2 weeks are:

WEEK A: 12–16th October

Assembly theme: *Celebrating Black History Month*

WEEK B: 19–22nd October

Assembly theme: *Head of Year choice*

CLUB	NOTES	LOCATION	TIME	STAFF	YEAR GROUP						
MONDAY CLUBS											
Club name	Any additional info	Room	Time	Teacher	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Arts and Crafts Club		E214	1.15–2pm		Y7	Y8	Y9	Y10	Y11		
Chess Club		A120	1.15–1.45pm	Mr Soykir	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Lego Club		S101	1.30–2pm	Mrs Rose	Y7	Y8	Y9	Y10	Y11		
Junior Strings Ensemble		D109	1.25–2pm	Mrs Leighton–Jones	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Composition Clinic		D203	1.30pm	Mr Starkey				Y10			
Pride Club		A210	Lunch	Miss Tunstall					Y11	Y12	Y13
Inclusive Sports (Boccia, Table Cricket, New Age Curling)		Sports Hall	1.30pm	Mr Brownlow	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Our Space		A206	1.30–2pm	Miss Walker	Y7	Y8	Y9	Y10	Y11	Y12	Y13
VEX IQ Robotics	Sign up in September. Information in the bulletin	E306	1.30–2.05pm	Mrs Spellman	Y7	Y8	Y9	Y10			
STEM club	Not on every week. Information will be in the bulletin and on Class Charts	E306	1.30–2.05pm	Mrs Spellman	Y7	Y8	Y9				
TUESDAY CLUBS											
Arts and Crafts Club		E214	1.15–2pm		Y7	Y8	Y9	Y10	Y11		
Coding Club		B205	1.30–2pm	Miss Peacock	Y7	Y8	Y9				
Chat n’ Chill	Come after your lunch.	A120	1.15–2pm	Mrs Lofthouse	Y7	Y8	Y9	Y10	Y11		
Chess Club		A120	1.15–1.45pm	Mr Soykir	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Lego Club		S101	1.30–2pm	Mrs Rose	Y7	Y8	Y9	Y10	Y11		
Year 7 Quiet Room		Downstairs hub	1.30–2pm		Y7						
Production Rehearsal (Dance)		Hall	3.15–4.30pm	Miss Finigan			Y9	Y10	Y11	Y12	Y13
Book Club	Once every half term	A114	Lunch	Mrs Culver and Ms Hill						Y12	Y13
Our Space		A206	1.30–2pm	Miss Walker	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Rock School		D203	3.15–4.15pm	Mr Gornall	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Brass Band		D109	1.15–2pm	Mr Wyss	Y7	Y8	Y9	Y10	Y11	Y12	Y13
History Film Club		A202	1.30–2.05pm	Miss Howard	Y7	Y8	Y9	Y10	Y11		
Inclusive Sports (Boccia, Table Cricket, New Age Curling)		Studio (TBC)	1.30pm	Mr Brownlow	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Duke of Edinburgh Drop in		Library	3.15–4.15pm	Mr Greenwood			Y9	Y10	Y11	Y12	
Homework Club		A207/First Floor Hub	3.15–4pm	Mrs Lofthouse /Miss Mealor	Y7	Y8	Y9	Y10	Y11	Y12	Y13
WEDNESDAY CLUBS											
Arts and Crafts Club		E214	1.15–2pm		Y7	Y8	Y9	Y10	Y11		
Woodwind Ensemble		D109	1.15–2pm	Ms Lyons	Y7	Y8	Y9	Y10	Y11		
Chess Club		A120	1.15–1.45pm	Mr Soykir	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Lego Club		S101	1.30–2pm	Mrs Rose	Y7	Y8	Y9	Y10	Y11		
Year 7 Quiet Room		Downstairs hub	1.30–2pm		Y7						
Politics Club		A201	1.30–2pm	Mr Wilde						Y12	Y13
Production Rehearsal (Singing)		Hall	3.15–4.30pm	Miss Swift			Y9	Y10	Y11	Y12	Y13
Set Design Club		E208–9	1.40–2.10pm	Ms Waheed, Miss Massey	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Cheshire Book Quiz / Cheshire Book Awards		ILC	Breaktime–Week B	Ms Timson	Y7	Y8	Y9				
Our Space		A206	1.30–2pm	Miss Walker	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Homework Club		A207/First Floor Hub	3.15–4pm	Mrs Lofthouse/Miss Mealor	Y7	Y8	Y9	Y10	Y11	Y12	Y13

CLUB	NOTES	LOCATION	TIME	STAFF	YEAR GROUP						
THURSDAY CLUBS											
Arts and Crafts Club		E214	1.15–2pm		Y7	Y8	Y9	Y10	Y11		
Our Space		A206	1.30–2pm	Miss Walker	Y7	Y8	Y9	Y10	Y11		
Chess Club		A120	1.15–1.45pm	Mr Soykir	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Lego Club		S101	1.30–2pm	Mrs Rose	Y7	Y8	Y9	Y10	Y11		
Year 7 Quiet Room		Downstairs hub	1.30–2pm		Y7						
VEX Robotics Team		E306	1.30–2pm	Mrs Spellman	Y7	Y8					
Production Rehearsals (Blocking)		Hall	3.15–4.30pm	Ms Richards/Miss Packman			Y9	Y10	Y11	Y12	Y13
Mahjong Club	Bring your lunch	S202	1.30pm	Mrs Tasker	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Senior Strings Ensemble		D109	1.15–2pm	Mrs Leighton-Jones	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Darts Club	Starts in December	Studio	Breaktime	Mr Gornall	Y7	Y8	Y9	Y10	Y11		
Dungeons and Dragons	Veterans Club – Beginners Club tbc	A211	Lunch	Mr Dobson & Mr Barratt			Y9	Y10			
Computer Science intervention/revision	For GCSE students only (Y11)	B205	1.30–2pm	Miss Peacock (Component 2)					Y11		
Inclusive Sports (Boccia, Table Cricket, New Age Curling)		Sports Hall	1.30pm	Mr Brownlow	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Duke of Edinburgh Drop in		Library	3.15–4.15pm	Mr Greenwood			Y9	Y10	Y11	Y12	
Homework Club		A207/First Floor Hub	3.15–4pm	Mrs Lofthouse /Miss Mealor	Y7	Y8	Y9	Y10	Y11	Y12	Y13
FRIDAY CLUBS											
Arts and Crafts Club		E214	1.15–2pm				Y9	Y10	Y11	Y12	Y13
Chess Club		A120	1.15–1.45pm	Mr Soykir	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Lego Club		S101	1.30–2pm	Mrs Rose	Y7	Y8	Y9	Y10	Y11		
Year 7 Quiet Room		Downstairs hub	1.30–2pm		Y7						
Sit and knit	Beginners welcome	S106	Lunch	Ms Hill						Y12	Y13
Our Space		A206	1.30–2pm	Miss Walker	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Brass Band		D109	1.15–2pm	Mr Wyss	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Inclusive Sports (Boccia, Table Cricket, New Age Curling)		Sports Hall	1.30pm	Mr Brownlow	Y7	Y8	Y9	Y10	Y11	Y12	Y13
UKROC Rocket Club	Rooming will change depending on the phase of the project. Regular Class Charts updates will be given at the time.		1.30–2pm	Mr Barratt				Y10		Y12	
OTHER CLUBS											
Eco Club	Various Rooms and Days	TBC		Mr Hayes, Mr Williams (Wright Landscapes), Ms Sheldon	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Youth Speaks	Various Days	S107		Mr Hayes	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Accessible Room		S206	Breaktime	Learning Support Staff	Y7	Y8	Y9	Y10	Y11	Y12	Y13
Homework Club		A207	3.15–4pm	Learning Support Staff	Y7	Y8	Y9	Y10	Y11	Y12	Y13
First Floor Learning Hub		A207	Breaktime	Learning Support Staff	Y7	Y8	Y9	Y10	Y11	Y12	Y13



BRITISH VALUES
PARTICIPATION
LIFE PROGRAMME
CAREERS