

THE SIXTH

“ THIS WEEK...

BALANCE BUILDS
BRILLIANCE

5–9 October 2026

”

A Balancing act

Sixth Form is busy: classes, revision, coursework, maybe even part-time jobs or uni applications. It's easy to feel like you need to push yourself non-stop. But working hard doesn't mean running yourself into the ground. The real key is balance: putting effort into your studies and looking after your mind and body.

When you give yourself time to rest, move and recharge, you'll have more focus, more energy, and actually perform better. This week, we're focusing on how to push forward without burning out.



THE SIXTH

5–9 October 2026



YEAR 13 MOCKS

Keep the revision momentum going Year 13. Your mocks start the week commencing **Monday 16th November**. Don't take your foot off the gas – know your priority topics and skills and have a plan of action. Create a revision timetable that will see you through to the mocks.

UCAS PREDICTED GRADES

Year 13 students will be notified of their UCAS Predicted Grades on **Monday during assembly**. These will support their course choices on their UCAS applications. A parental information letter will be sent out about this next week.

BLACK HISTORY MONTH

October is Black History Month and the 2026 theme is 'Honouring the Community'. Student-led assemblies are coming soon for Year 12 and 13. Watch this space!

EARLY FINISH AND INSET DAY

Thursday 8th October is an early finish at 12.15pm and **Friday 9th October** is an INSET Day, which means there is no Sixth Form and students may study at home.



GENEVA TRIP

An IAG for the parents and carers of students who are attending the Maths and Physics trip to Geneva in November will take place on **Wednesday 21st October** at 7pm. This will be on Teams and a link will be sent out on Class Charts. It will also be recorded if parents and carers are unable to attend.

SICILY TRIP MEETING

All students going on the Geography trip to Sicily should come to a meeting on **Monday 5th October** at 1.25pm in A217 to find out about their teacher group and to discuss room allocation.

Lynn High School
Sixth Form



You're the icing on the cake

Thank you for everyone who supported our Coffee Morning in the Lower Hex on Friday 25th September.

Together we raised

£534.31

to help Macmillan do whatever it takes to make cancer care better for everyone, whoever and wherever they are.

[Click here](#) to view a video of the coffee morning.



WHAT'S ON THIS WEEK



Please [click here](#)
to view the
Assessment calendar,
which includes key
dates for the rest of
the year.

CALENDAR

5–9 October 2026

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Monday reset – <i>The Sixth</i>	Predicted grades Assembly	PS drop-in clinic 1–1.45pm, N101
TUESDAY	RS Assembly – Living in a multicultural society	Hate crime awareness. Challenging racism and misogyny	<u>Medical Talk</u> 1.20–2.05pm, N206
WEDNESDAY	EPQ launch – recorded assembly	RS Assembly – Religious misconceptions	Projects evening – celebrating EPQ and HPQ success collaboratively
THURSDAY	Life Programme – Sexual health (see p.5)	Intro to Wellbeing Counselling (R. Harris video) Life Programme – Partners (see p.5)	Early finish: 12.15pm Main School Open Evening
FRIDAY	INSET DAY		

LIFE PROGRAMME



Our next Extended Life Programme session is on **Thursday 8th October**.

- **Year 12 – Sexual Health**

Students will have a talk from a representative from the Axxess Liverpool Sexual Health team on STIs and contraception.

- **Year 13 – Knowing yourself and your partner**

Students will discuss relationships and consider how to know what they want and communicate this.

In Tutor time, students have been discussing the law about sending nude images and the dangers of sextortion and deep fakes.

If you have concerns about online content that may have been shared or online behaviours that make you uncomfortable, please contact a member of our team.

- Childline also have many resources to support such as [Report Remove tool](#).
- For help and support about trusting others online [click here](#).

The timings of the day will change very slightly as follows

Registration	8.25–9.10am
Period 1	9.10–10.05am
Period 2	10.05–11.00am
Break	11.00–11.30am
Period 3	11.30–12.25pm
Period 4	12.25–1.20pm
Lunch	1.20–2.15pm
Period 5	2.15–3.10pm

REVISION



Year 13

Keep checking each week, as we will be adding more Revision Sessions as they become available.

	Subject	Time	Location	Staff
Monday	Media Studies (Coursework clinic)	1.30–2pm		Mr Finnigan
	PE NEA	1.30–2pm	B205	Mr Hampton Mr Scott
Tuesday	Sociology	1.30–2pm	S109	Mrs Edge
	Biology	1.30–2pm		Biology team
Thursday	RS	1.35–2pm		Mrs Bisset-Mahon
	Geography NEA	3.10–4.10pm		Mrs Rigby
Friday	Physics	1.30–2pm		Mr Rushforth



BIRTHDAYS

H. Bishi

C. Cooper

R. Harrison

S. Kelly

L. Sheldon

I. Minnery (belated)

REMINDERS

DONT FORGET TO:

PERSONAL STATEMENTS

A reminder for Year 13 to send their Personal Statements to their referee and final student checks on UCAS – then click ‘pay and send’. Remember this doesn’t go to UCAS, it comes to school for us to make our final checks. [Click here](#) for the key dates.

UPCOMING CAREERS TALKS

- Healthcare / Medical careers, **Tuesday 6th October**, N206. [Click here](#).
- Solicitor Apprenticeships, **Thursday 26th November**, N206. [Click here](#).

YEAR 12 ENRICHMENT

Year 12 are reminded to continue with their enrichment logging. Please [click here](#) for a reminder.

SIXTH FORM DRIVERS

Your car must be registered [here](#). Please drive carefully, keeping to the 5mph speed limit. Be especially mindful of pedestrians at the zebra crossing and ensure you park considerately so the space can be used safely by everyone.

APPRENTICESHIP SUPPORT

Students seeking help with Degree Apprenticeships are advised to see our Careers Advisor, Ms Draper, for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nicholasbrown@lymmhigh.org.uk).

KEY DATES CALENDAR

A reminder to check the Key Dates and Assessment Calendar for important dates throughout the academic year.

FINANCE

Money and Student life

Find out more about budgeting, student discounts and student finance as well as scholarships, grants and bursaries that are available by [clicking here](#).

SUPPORT TO HELP YOU REACH YOUR UNIVERSITY GOALS

Going to university is an exciting step – and you're not alone. There is a range of support available to help you, whatever your background or circumstances.

Different backgrounds. Same potential.

Who might be eligible?

Universities consider a range of circumstances, including:

- ✓ Free School Meals (FSM) or low-income households
- ✓ Disadvantaged or widening participation background
- ✓ Living in an area with lower progression to higher education
- ✓ First generation in your family to attend university
- ✓ Care experienced or a care leaver
- ✓ Estranged from parents or carers
- ✓ Caring or parenting responsibilities
- ✓ Personal, family or educational disruption
- ✓ Change in financial or family circumstances
- ✓ A disability, learning difference or additional need

This is not an exhaustive list – each university decides which circumstances it considers and how they affect admissions or support.

What support could universities offer?

Support is available before you apply, during the application process and once you start university.

Financial support

This may include:

- University bursaries and scholarships
- Financial awards for low-income households
- Care-experienced or care-leaver bursaries
- Estranged student funding
- Travel support
- Help with study-related costs
- Emergency financial assistance
- Hardship funds
- Support with accommodation costs
- Grants for equipment or resources

Accommodation support

This may include:

- Priority access to university accommodation
- Accommodation throughout the year
- Help with deposits
- Support if you don't have a guarantor
- Advice on private accommodation
- Accommodation scholarships or funding

Academic and study support

This may include:

- Academic skills sessions
- Study skills support
- Personal tutoring
- Mentoring
- Peer-support or buddy schemes
- Transition programmes
- Summer schools
- Additional induction activities
- Advice on managing the transition to university



Support differs between universities and courses, so it's important to contact them directly and ask what you may be eligible for.

Find out more about scholarships, grants and bursaries: ucas.com/money-and-student-life/money/scholarships-grants-and-bursaries

Your future matters

UCAS
BUDGET
CALCULATOR



Budget calculator

University costs more than just tuition – and the UCAS Budget Calculator is here to help you plan for all of it. See what student life will really cost, compare locations, and build a budget that works for you.

[Try it out](#)

SPORTS UPDATE

RUGBY UPDATE

Lymm 1st XV travelled to Cheadle Hulme School in the opening round of the Continental Tyres National Cup, with high hopes after victory in the same fixture last year. After a cagey start from both sides, and a period of determined Lymm defence, CHS eventually breached the line and scored from an organised pick and go, and was followed by a well-constructed maul try.

Lymm threatened the CHS defence with some quick handling, but couldn't capitalise following some handling errors. Lymm went into the break 14-0 down with plenty of optimism heading down the slope, and with the wind for the second half.

The second half was where Lymm really kicked on, an early quick tap and elusive run from Joe Worsley, was supported well by Y11 fly-half Joe Worsfold, who finished well in the corner. Cheadle again managed to create some well crafted scores, using pace out wide and strong ball-carriers through the middle.

Lymm continued to press in defence, and pressure the CHS attackers, who forced a mistake. Step up hooker George Tobin, who kicked on a loose ball, and dotted down in the corner. Two late scores closed the gap for Lymm, with Joe Worsfold adding a second, with a fantastic agile run through the middle, and Jon Bargery, who scored under pressure into the corner.

Notable mentions must go to Jude Brabin, Leo Coleman, and Jack Connolly, who carried well and tackled everything in a green and yellow shirt. In the backs, Worsfold, Barker and Cordwell made a great creative trio. Final score CHS 35-26 Lymm.

The boys now await the draw for the Vase competition.

Lymm 1st XV: Dobson, Harrison, Cordwell (c), Barker, Bargery, Worsfold, Worsley, Norris, Tobin, Coleman, Brabin, Shaw, Clements, Connolly, Morgan.

Reps: Rickers, Heroe, Chakavaria, Lubbock

Spotlight on the University of York

The University of York is offering two exciting programmes designed to help young people explore university life, increase confidence and make informed decisions about their future.

Next Step York is a tailored 2-year programme that helps students:

- Explore university life first-hand
- Build study skills and confidence
- Learn about student wellbeing and finances
- Connect with current York students
- Attend an Academic Conference and Summer Residential
- Unlock potential alternative offers and transition support

From exploring campus and meeting new people to building confidence in their next steps, students can gain a lot of useful experience.

Black Access is a student-led initiative designed to support Black heritage Sixth Formers as they explore higher education. Co-created with current Black students at York, the programme provides a welcoming community where participants can hear authentic experiences, ask questions and gain support from people who have been in their shoes.



FUTURES

OPPORTUNITIES



University of Chester Experience Week

26–30th October 2026

This series of morning or afternoon taster sessions, across the subject areas of health and social care, sports, business and science, is suitable for anyone considering applying for either 2027 or 2028 entry.

Students can complete this [booking form](#) to register to attend as many sessions as they wish during the half-term break. To help with travel costs, those who attend may be eligible to claim up to £100 through a [means-tested travel bursary](#).

Monday 26th October

- Adult Nursing
- Business Management
- Marketing and Digital Marketing

Tuesday 27th October

- Accounting and Finance
- Basic Life Support
- Psychology
- International Tourism Management
- Midwifery

Wednesday 28th October

- Dementia Awareness
- Events Management
- Social Work
- Biomedical Sciences
- Sport Business Management
- Sports Science

Thursday 29th October

- Adult Nursing

Friday 30th October

- Mental Health Nursing



APPRENTICESHIPS

Higherin Community

[Click here](#) to search and apply for Degree Apprenticeships.

JOIN NOW!

Join the Higherin Community

Other Key Apprenticeship Links

- [Current apprenticeships in the Warrington area](#)
- [Amazing Apprenticeships](#)
- [Higher & Degree Apprenticeship Vacancies - April 2026](#)
- [Cheshire and West Apprenticeship Opportunities](#)
- [Search for an apprenticeship – GOV.UK](#)
- [Not Going To Uni - Search for Opportunities](#)
- [Liverpool John Moores University - Apprenticeships Courses](#)
- [Manchester Metropolitan University - Become A Degree Apprentice](#)
- [Apprenticeships | University of Salford](#)
- [Programmes - Apprenticeships - The University of Manchester](#)
- [Search apprenticeships | UCAS](#)
- [NHS Apprenticeships](#)
- [Linkedin - Degree Apprenticeships](#)

Amazing Apprenticeships newsletter

Year 13s are advised to [sign up here](#) to receive a monthly guide providing practical advice and events to help support them to find an apprenticeship.

Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nicholasbrown@lymmhigh.org.uk).

Register for New Degree Apprenticeship Alerts:

- [Indeed](#)
- [Total Jobs](#)
- [Rate My Apprenticeship](#)
- [Prospects](#)

APPRENTICESHIPS

Goldman Sachs Birmingham

Friday 23 October

NO SIXTH FORM ON THIS DAY

Goldman
Sachs

Want to start your career at Goldman Sachs while earning a degree?

Goldman Sachs are opening their doors to Year 12 and 13 students who are interested in apprenticeships. Across one afternoon, you'll meet the team, find out about their Degree Apprenticeship opportunities and hear first-hand from the people already on the programme.

Goldman Sachs is where exceptional people build extraordinary careers. They hire people with a wide range of skills, interests and backgrounds, and give them hands-on experience from the very best. If you thrive on excellence, this is your chance to see their long-standing apprenticeship culture up close.

Applications are via the Young Pro app only

Please ask students to download the Young Pro app, create an account, and find the Goldman Sachs Apprenticeship Insight Afternoon to choose London or Birmingham.

Birmingham: Friday 23 October, 1:30pm–4:30pm

iPhone: <https://apps.apple.com/gb/app/young-pro/id6760890339>

Android: <https://play.google.com/store/apps/details?id=com.youngprofessionals.yppapp>

ON THE AFTERNOON

What you'll get out of it

- 01 **Learn about the Degree Apprenticeships** and the opportunities available
- 02 Find out **how to apply** and what Goldman Sachs look for
- 03 Hear from **current apprentices** about their experience

APPRENTICESHIPS

Applications for our undergraduate programmes are now open.



If you're thinking of applying, why not join one of our virtual events. Our recruiter-led session, 'navigate the selection process with confidence', will help you understand what to expect throughout PwC's recruitment process and how to prepare for success.

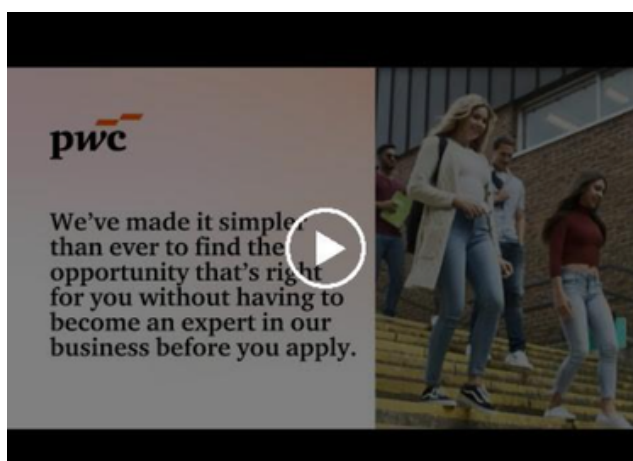
Session dates and times:

- Tuesday 6 October, 3-4pm – [Register](#)
- Thursday 29 October, 4-5pm – [Register](#)

You'll hear practical tips from our recruitment team, learn about each stage of the process and have the opportunity to ask questions and hear from current programme participants. We look forward to receiving your application and hopefully welcoming you to one of our events.

<https://www.pwc.co.uk/careers/early-careers/undergraduate.html>

Before applying we recommend watching this short video, and looking at our website to find out more



APPRENTICESHIPS



BDO's Apprenticeships are now open

£26,615–£28,275 Audit, Tax & Advisory

Applications close: Sunday 15th November

BDO, one of the world's largest accountancy and business advisory firms, has opened all of its school leaver Apprenticeships for September 2027. Students earn a salary from day one, work towards a professional qualification such as ACA with no tuition fees, and move into a permanent role on completion. Students need three A' Levels at A*–C (or equivalent) and GCSE Maths and English at grade 4 or above.

The company is hiring in 15 offices across the UK (Birmingham, Bristol, Cambridge, Edinburgh, Gatwick, Glasgow, Guildford, Ipswich, Leeds, Liverpool, London, Manchester, Nottingham, Reading and Southampton). Roles will close as soon as they are full, and bigger city locations such as London and Birmingham will fill first, so students are encouraged to apply early.

For further information, and to apply, [click here](#).

SCHOOL LEAVER APPRENTICESHIPS AT BDO

EARN, QUALIFY AND GO BEYOND THE ORDINARY



CAREERS

In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.



Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).

Upcoming Events

- **Allied Healthcare Virtual Work Experience**

Sunday 4th October, 9–5pm

- **Insight to Lloyd's Banking Group**

Tuesday 6th October, 5–6pm (Zoom)

- **Medical Careers**

Tuesday 6th October, 1.30–2.05pm, N206

- **BrightStart Apprenticeships with Deloitte**

Wednesday 7th October, 5–6.30pm (online)

- **A Parent's Guide to Apprenticeships**

Thursday 8th October, 6–7.30pm

- **Early careers and workplace skills with A&O Shearman**

Thursday 8th October, 6–6.45pm (virtual)

- **Insight into Law careers with Clifford Chance**

Friday 9th October 2026, 5–6.30pm (virtual)

- **Get into Law with Charles Russell Speechlys**

Monday 12th October 2026, 5–6pm (virtual)

- **Discover Finance Manchester**

27–29th October (Application Deadline: Friday 18th September)

- **Solicitor Apprenticeships**

Thursday 26th November, 1.30–2.10pm, N206

For details of all these events and more, [click here](#).

Insight into Law careers with Clifford Chance

Friday 9th October 2026, 5–6.30pm (virtual)

This event is open specifically for Year 12 and 13 students considering a law career. We will also be sharing some in-person events taking place at their offices during this virtual session so students can sign up for on the evening.

Clifford Chance is one of the world's leading law firms, renowned for its dynamic and inclusive culture, delivering exceptional law services to businesses of all sizes across the UK and internationally. With a global network operating in 23 countries and 34 offices worldwide, Clifford Chance offers unmatched opportunities for students to gain valuable experience in Law.

- Insights into life at Clifford Chance. What the work involves and what the culture is genuinely like.
- How to join their student programmes. Including ACCESS, their 2-year development programme for Year 12 students.
- Their industry-leading training contracts. The route to qualifying as a solicitor at a firm of this scale.
- The pathways available to you. What a career at Clifford Chance could look like, and the steps that get you there.

To register, [click here](#).



Get into Law with Charles Russell Speechlys

Monday 12th October 2026, 5–6pm (virtual)

This exclusive, online Insight to Law event with Charles Russell Speechlys, will give students the opportunity to gain insider knowledge from one of the world's leading law firms.

Charles Russell Speechlys is a globally recognised law firm, known for its work with clients across industries including real estate, private wealth and technology. With a strong commitment to nurturing future talent, Charles Russell Speechlys offers some of the very best solicitor apprenticeship opportunities for students interested in starting their legal careers straight out of school.

- Exclusive insights from lawyers, current solicitor apprentices and trainees at Charles Russell Speechlys, sharing their experiences, career paths, and what it's like working in a top law firm.
- Practical advice on navigating the legal profession, including information on their highly-regarded Solicitor Apprenticeships and training contracts, which offer a unique opportunity to qualify as a solicitor
- A Q&A session, where you'll have the chance to ask direct questions and receive tailored advice from professionals who understand the path to success in the legal world.

To register to attend, [click here](#).



Insight into Law, care and community careers

Careers in Law, Care and Community Services are about helping others, protecting rights, and strengthening society. From providing frontline support to shaping policy, this sector includes a huge variety of meaningful roles – whether you're interested in social care, law and justice, youth or community work, or public services.

In this guide, Futures For All explores what these careers involve, the skills employers value most, average salaries, and how to get started through work experience opportunities.



The sector spans many specialisms – below are some common routes you might explore:

- Law and Legal Services
- Health and Social Care
- Community and Youth Work
- Public Service and Policy
- Justice, Policing and Rehabilitation

To read the full report, which includes salary expectations and the core skills required, [click here](#).

UCAS



To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

- **University of Leeds Open Day**

Saturday 3rd October

- **University of Bradford Open Day**

Saturday 3rd October

- **University of Manchester on-campus Open Day**

Saturday 3rd October

- **University of Liverpool Open Day**

Saturday 10th October

- **University of Chester Open Days**

Saturday 17th October

Saturday 14th November

Saturday 5th December

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button 'What's on this month'.